



ROCKY MOUNTAIN MINISTRY NETWORK

JANUARY/FEBRUARY 2023

RMMN CONNECTION

NEWSLETTER OF THE ROCKY MOUNTAIN MINISTRY
NETWORK OF THE ASSEMBLIES OF GOD

HIGHLIGHTS

NEW COMMUNITY PODCAST PAGE 7

PREACHING LAB AT TRINITY PAGE 9

2023 RISE UP EDITION UPDATED
PAGES 11-12

CAMP CEDAREGE PAGE 28-30

HEALTHY MINISTERS, VIBRANT CHURCHES
AND SPIRIT-DRIVEN RELEVANCE



Seasons

God's growth plan to help us flourish

2023 NETWORK COUNCIL | APRIL 24-26, 2023
VICTORY LIFE CHURCH | GRAND JUNCTION, COLORADO



**RICK
DUBOSE**



**GENE
RONCONE**



**MARIAH
BRADFORD**



**MARK
RENFROE**



**JOHN
BRYANT**



**DR. PAUL
ALEXANDER**



**DR. CAROL
ALEXANDER**



2023 Network Council is going to be AWESOME! Registration is now open, so I wanted to give you a sneak peek.

COUNCIL THEME: This year's Network Council theme is *Seasons, God's growth plan to help us flourish*. God uses different seasons to grow us throughout our ministry. **Spring** is a time of revival, development and new growth in our ministries and personal lives. **Summer** is a season of fruitfulness and fulfillment of the purpose of the new growth. **Fall** is often a time where God cleanses, purges, and prunes our lives. **Winter** is a time that may seem like growth has been paused but it is a season with unseen root and character development. These are the things that God is going to do in and through us at this year's Network Council.

SPEAKERS & WORKSHOPS: This year's Network Council has an amazing lineup of speakers! God has something special for you as Rick DuBose (Asst. General Superintendent), Gene Roncone, Mariah Bradford, John Bryant, Paul and Carol Alexander and Mark Renfroe will speak into your life and ministry. We will also host additional workshops.

EVENING SERVICES: We start Monday night on April 24th at 6:30 pm with an amazing service and message from Rick Dubose, Asst. General Superintendent of the Assemblies of God. Tuesday, Superintendent Roncone will be speaking on Leading in Seasons of Opposition. Wednesday we will experience an unforgettable ordination service and an inspirational team sermon by Drs. Paul and Carol Alexander. The Alexanders are international communicators and will be sure to have a powerful message. Last year's Council had powerful altar times filled with prayer, healing, and breakthroughs. Pray with us. We are believing God for the same this year.

COUNCIL UPGRADES: In addition to our normal evening services, we have added the following upgrades to Network Council.

- Monday post-service after party celebrating World Missions.
- Tuesday post-service after party with food and bonfire celebrating US Missions.
- Special plenary sessions for ministers with Rick Dubose.
- Mega breakout for ministers' spouses with Mariah Bradford.
- Wednesday post-service after party celebrating ordination candidates.

LOCATION: Network Council will be held at Victory Life Church, 2066 Hwy 6 & 50, Fruita, CO 81521.

REGISTRATION: To help eliminate lines we have integrated electronic registration with a program called Brushfire that will enable us to scan your badge. Registration will open Monday, April 24th at 4:00 pm. If you have already received your nametag, feel free to go straight to General Session #1, Monday night at 6:30 pm. We will also have registration open on Tuesday, April 25th at 8:30 am. You can register today online at: <https://brushfire.com/rmdc/2023rockymountainnetworkcouncil/542771>

BRING YOUR NAMETAG: Your nametag and ticket will be sent to you beforehand and you will need them to check in upon arrival. The registration team will be able to quickly scan your nametag and know that you are there. This will help fast track our business session for roster reports and voting. If you happen to forget your nametag or E-ticket you will be able to visit the registration table to pick up a replacement for fast check-in. There will be no paper ballots as we will again be voting through the Zoom app on your smart phone.

CHILDCARE: If you registered for childcare, please make sure to pay attention to the drop-off times and pick-up times for your child. We have great children workers, but also want to respect their time. We are also asking that if your child has any allergies or special dietary needs that you supply the food they will need.

VOTING: As we did in 2022, we will not be using paper ballots at Network Council. Voting will be done electronically. This will help us process business more efficiently and allow more time for inspirational moments and interaction with peers. Bring your smart phone or tablet with the Zoom app already loaded and functional. If needed, you can download the Zoom for Meetings app before arriving and all you will need to do is login. For a tutorial video on Zoom voting, visit our Network Council Web Page at www.rmdc.org/council.

We have been preparing for months for this Network Council and think it will be the best yet. Can't wait to see you there!

2023 Network Council Schedule
April 24-26, 2023
Victory Life Church, Grand Junction, Colorado

More info at <https://www.rmdc.org/council>

Monday, April 24, 2023

11:30am – 1:00pm – Ordination luncheon – speaker Josh Cook (ordination candidates, Presbytery and spouses only)
4:00pm - 6:30pm – Registration open (Atrium/Lobby)
6:30pm - 8:00pm - General Service #1 – guest Rick DuBose, “Seasons, Part 1” (Auditorium)
8:00 – 9:00pm – World missions after party – coordinator TBD (Atrium/Lobby)

Tuesday, April 25, 2023

8:30am - 9:30am – Registration open (Atrium/Lobby)
9:30am – 12:00pm - Business session #1 (Auditorium)
12:00pm – 1:45pm - Lunch break
1:45pm – 2:45pm – Plenary session – Rick DuBose “Seasons, Part 2” (Auditorium)
2:45pm – 3:00pm – Break
3:00pm – 4:00pm – Plenary session – Rick DuBose “Seasons, Part 3” (Auditorium)
4:00pm – 7:00pm - Dinner break
7:00pm – 9:00pm - General Service #2 - Network Pastor Gene Roncone (Auditorium)
9:00pm - 10:00pm – U.S. missions after party – Andrew Dawson (Atrium/Lobby)

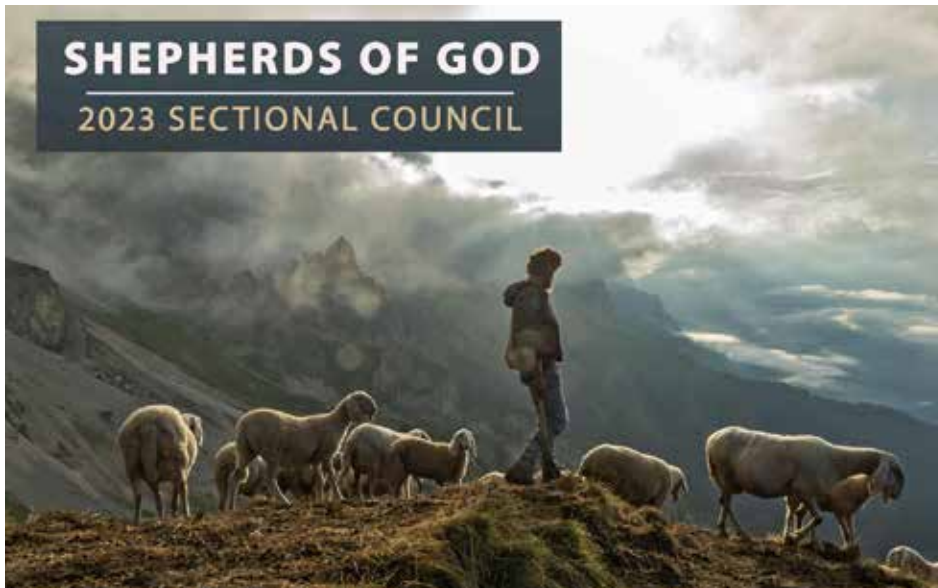
Wednesday, April 26, 2023

10:00am – 11:15am - Memorial Service and Communion (Auditorium)
11:15am – 1:30pm – Lunch break & peer interaction
1:30pm – 2:45pm - Power sessions

- 1. Power Break-Out with Mariah Bradford for minister’s wives
- 2. Power Break-Out with Mark Renfroe (what’s changing with missions)

2:45pm – 3:00pm - Break
3:00pm – 4:30pm - Business session #2 (auditorium) – only if needed
4:30pm – 7:00pm - Dinner break
5:30pm – 6:30pm – Ordination rehearsal (Auditorium) – ordination, licensed & certified candidates & Presbytery
6:30pm – 7:00pm – Ordination pictures
7:00pm – 9:00pm - Ordination service and closing – guests Paul & Carol Alexander (Auditorium)
9:00pm – 10:00pm - Ordination reception (Atrium/Lobby)

**Babysitting will be provided during all service times and events (except for meal breaks and evening after-service events).*



REGISTER FOR 2023 SECTIONAL COUNCIL

This year's theme is SHEPHERDS OF GOD in a Culture of Conflict. What can we learn from the early church's ability to thrive in a culture of conflict, persecution, and governmental opposition? The answer is a lot! Get ready for an out of the box interactive experience as we connect with peers, pray together, and refocus on our divine calling.

Registration is now open for 2023 Sectional Council. Click the link below, find your sectional meeting and date, click on the registration link and make your meal reservation.

More info at www.rmdc.org/2023-sectional-tour

2022 SECTIONAL COUNCIL HIGHLIGHTS



RMMN 2023 SECTIONAL TOUR
Click this link for all Sectional Tour information:
<https://www.rmdc.org/2023-sectional-tour>

Monday, February 6, 2023

11:00am – **NORTHEAST SECTION** (Harvest Assembly, 1012 Eaton Street, Brush, CO 80723) – Paul Speicher
RSVP link: <https://northeastsection.eventbrite.com>

6:00pm – **NORTHERN SECTION** (Destiny Church, 307 S Fulton Avenue, Fort Lupton, CO 80621) – Rob Rocca
RSVP link: <https://northernsection.eventbrite.com>

Tuesday, February 7, 2023

11:00am – **DENVER METRO NORTH & SOUTH SECTIONS** (Southwest First Assembly, 3199 S Wadsworth Blvd, Lakewood, CO 80227) – Jim Brummett - RSVP link: <https://denvernorthandsouthsections.eventbrite.com>

6:00pm – **PIKES PEAK SECTION** (Radiant Church, 4020 Maizeland Road, Colorado Springs, CO 80909) – Todd Hudnall
RSVP link: <https://pikespeaksection.eventbrite.com>

Thursday, February 9, 2023

11:00am – **SOUTHEAST SECTION** (Praise Community Church, 310 W 7th Street, Eads, CO 81036) – Lane Gooden
RSVP link: <https://southeastsection.eventbrite.com>

6:00pm – **SOUTHERN SECTION** – (CSU Pueblo, 2200 Bonforte Blvd., Pueblo, CO 81001 in the Grand Ballroom of the Occhiato Student Center) – Chi Alpha – RSVP link: <https://southernsection.eventbrite.com>

Friday, February 10, 2023

12:00pm – **MOUNTAIN SECTION** (River of Life, 2602 Clark St., Alamosa, CO 81101) – Michael Dominguez
RSVP link: <https://mountainsection.eventbrite.com>

Saturday, February 11, 2023

12:00pm – **SAN JUAN SECTION** (Cortez First Assembly, 120 S Linden Street, Cortez, CO 81303) – Aaron Galyon
RSVP link: <https://sanjuansection.eventbrite.com>

Monday, February 13, 2023

11:00am – **WEST CENTRAL SECTION** (Crossroads Victory Worship Center, 515 S Hillcrest Drive, Montrose, CO 81401) – Chris Peterson – RSVP link: <https://westcentralsection.eventbrite.com>

6:00pm – **NORTHWEST SECTION** (Clifton Assembly, 258 5th Street, Clifton, CO 81520) – Jason McManus
RSVP link: <https://northwestsection.eventbrite.com>

Wednesday, February 15, 2023

6:00pm – **SOUTHERN UTAH SECTION** (Christian Life Assembly, 1498 S 1700 W, Payson, UT 84651) – Lee Ponder
RSVP link: <https://southernutahsection.eventbrite.com>

Thursday, February 16, 2023

6:00pm – **NORTHERN UTAH SECTION** (Lakeside Community, 1094 W 1800 N, Clinton, UT 84015) – Lonnie Campbell
RSVP link: <https://northernutahsection.eventbrite.com>

NEW COMMUNITY PODCAST IN JANUARY 2023



GENE RONCONE

Superintendent/Network Pastor
gene@rmdc.org



COMMUNITY PODCAST OVERHAUL

In the past the Superintendent's Community Podcast interviewed different ministers each week and highlighted timely resources and messaging. During COVID years, the podcast was transitioned into a resource update to help our ministers and churches navigate the realities of COVID-19. However, in January 2023, the podcast will receive a total transformation consisting of a 30-minute biweekly syndication featuring the following four short segments.

- **Spotlight.** 10-minute interview between Gene Roncone and a Network minister with the purpose of getting to know that minister better and hear a part of their life story.
- **Missions Moment.** We will hear a five-minute report from one of our RMMN missionaries on a subject relevant to the local church and world evangelism.
- **Equip.** A five-minute highlight of a resource, training, networking opportunity or event our Church Ministries

Department is providing.

- **From the Heart.** A ten-minute segment where Superintendent Roncone is interviewed about a topic the Lord has placed on his heart for the Network.

Be on the lookout for the new COMMUNITY PODCAST starting on January 9th and then every other week following. It will be made available through our textcasting, Facebook and Sound Cloud Channel.



TWO NEW BELIEVER RESOURCES FOR RMMN CHURCHES

Few things are more important than discipling new believers. When asked what the most common challenges are in the discipleship of new believers, pastors identified five things.

- Not enough converts to host an ongoing class or small group.
- No structured process to coach them in their first few days of becoming a Christ-follower.
- New believers don't want to attend a class or small group.
- Can't find new believer resources that are from a Spirit-filled perspective.
- Difficulty finding a reliable and effective new believer teacher/coach.

In response to this feedback, Superintendent Gene Roncone has created two resources for RMMN churches.

#1. Free Website with Audio Files, *Beginning the Journey*

Wanting a free resource to help new believers in your services get an amazing start in the first 30 days of their faith? The RMMN Network has your back. Superintendent Roncone has created a free webpage that is designed to coach new believers through the first thirty days of their decision with a short topical audio devotional for each day and corresponding Bible reading.

Just put the following text on your screen when you give the salvation invitation.

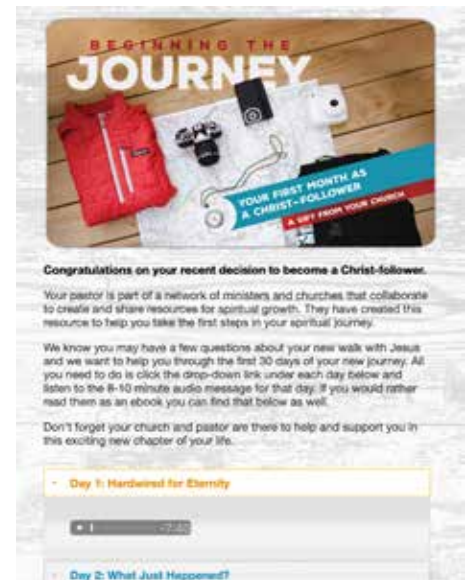
"Congrats on your new decision to give Christ leadership of your life. Here is a resource to help. Go to <https://www.gojourney.org>."

#2. Gift Paperback Book entitled *Beginning the Journey*

The brand new paperback book is entitled *Beginning the Journey, Your First 30 Days as a Christ-Follower*. The book is designed to coach new believers through the first thirty days of their decision with a short topical devotional each day, corresponding Bible reading, and reflection questions. The reflection questions have been written in a way that they can be used as an independent study, one-on-one mentoring, or as a group study. Because the book has been affordably priced at \$8 a copy, churches can purchase them as needed and even give as a gift to those who make a decision for Christ.

Gift copies can be ordered on Amazon at:

<https://www.amazon.com/dp/B0BNTWF7WS>



A look at the 'Beginning the Journey' website

RMMN PREACHING LAB AT TRINITY

To create a contemporary environment that enables students to learn, develop and nurture a life-long passion for effective Pentecostal preaching and an ongoing relationship with the Rocky Mountain Ministry Network, the Presbytery approved a \$40,000 gift to remodel and rename a classroom at Trinity Bible College and Graduate School.

The new learning environment will be called the Rocky Mountain Preaching Lab and will feature a state-of-the-art preaching and homiletics laboratory with full media studios, sound systems, and interactive kiosk. The walls and vibe of the room will also celebrate Colorado and Utah culture through breathtaking wall art and photography.

In addition, the interactive kiosk will help establish a prayer partnership between students studying preaching and lead pastors from the Rocky Mountain Ministry Network. This will be accomplished by

- **Introduction to RMMN.**

An interactive portal where preaching students can learn more about the Rocky Mountain Ministry Network.

- **Prayer subscription.** A type-in form where Trinity students can request daily prayer by voluntarily inputting their name and email address into the kiosk. That information will then be automatically added to a prayer list that will be prayed over by our RMMN ministers.

- **Prayer support.** RMMN ministers will then be informed through a Network-wide text of who the TBCGS “student of the week” is and given the opportunity to add them to their prayer list that week or send



them an encouraging email.

Dr. Daniel Day is the Associate Professor of Practical Theology and will be spearheading the renovation of the room. “We are so grateful for the Kingdom Partnership that exists between TBC and the RMMN. Thanks to the vision and collaboration of Supt. Roncone and the RMMN Presbytery, the new Preaching Lab will be equipped with every modern tool to train up and empower the next generation of Pentecostal Preachers,” said Dr. Day.

“This room is going to help the Rocky Mountain Ministry Network not only invest in future leaders but facilitate mentorship and ministry opportunities,” said Superintendent Gene Roncone. The RMMN Presbytery identified the following five benefits of this strategic partnership.

- **Investing in the Kingdom.** We will invest in the greater Kingdom of God by contributing to the development of preachers and preaching in the Assemblies of God.
- **Prayer covering.** We will provide a powerful prayer covering for future ministerial majors in the most formative years of their development.



- **Network presence.** We will create an impressive and ongoing RMMN presence at the school even though we are not close geographically.

- **Connecting with emerging leaders.** We will build an onramp and relational connection with current and future ministerial majors at Trinity Bible College and Graduate School.

- **Relational pipeline.** We will provide an opportunity for our RMMN pastors to be prayer partners and develop mutually rewarding relationships with future children, youth, and lead pastors.

Dr. Paul Alexander is the President of Trinity Bible College and Graduate School. “Preaching the Good News is a ministry that we must be determined to perpetuate. This is a time to reinforce this commitment and raise up a generation with the ability to stir hearts through anointed preaching,” said Alexander. Superintendent Gene Roncone continues to be optimistic about our relationship with Trinity and said, “Our partnership with Trinity is one of mutual benefit and collaboration that continues to get stronger and stronger.”

DEFYING GRAVITY, HOW TO THRIVE IN A PASTORAL TRANSITION

Now in English and Spanish
FINALLY, A TRANSITION RESOURCE
FOR NORMAL CHURCH FOLKS IN
BOTH ENGLISH & SPANISH!

Your church is experiencing a pastoral transition and you're unsettled about the potential changes that may be coming. But help is on the way! **Defying Gravity** will help bring unity and focus to your church and mobilize your congregation behind positive momentum. This short 69 page book was written specifically for the normal people who volunteer, attend, lead, and call your church home. This resource will fortify your church by...

- Helping your entire congregation understand the Biblical purpose for leadership transitions.
- Giving your people a powerful 40-day prayer guide that provides a spiritual covering over everyone involved in the transition.
- Protecting your church from the normal decreases in attendance, giving and engagement often associated with pastoral transitions.
- Giving your people practical things they can do to thrive in a pastoral transition.
- Teaching your people to embrace biblical, healthy, and

reasonable expectations.

- Building faith and willingness to embrace the new season God has ordained.
- Learning the why, how and benefits of supporting your new pastor.
- Encouraging readers to make a one-year commitment to assist your church through the transition.

God is up to something new and getting ready to take your church to the next level of spiritual growth. Transition specialist Gene Roncone will help you be ready and prepared for what can be one of the most exciting seasons of spiritual growth you have ever experienced!

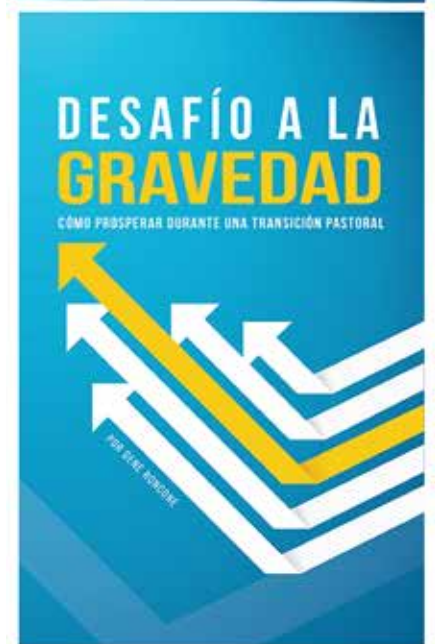
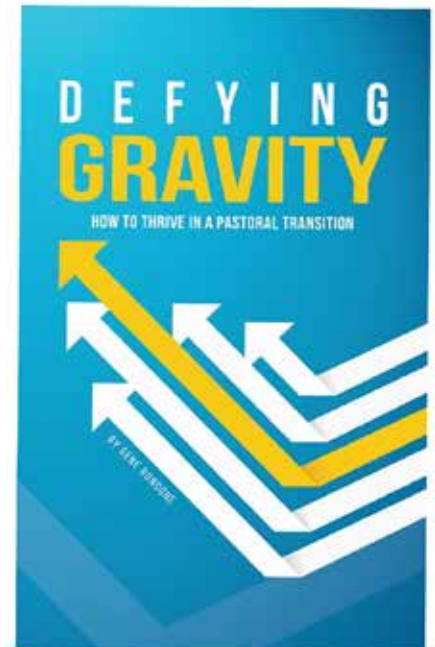
Both version are now available on Amazon.

For English version go to

<https://www.amazon.com/dp/B0B3YSS1YF>

For Spanish version go to

<https://www.amazon.com/dp/B0BMSRK2XN>

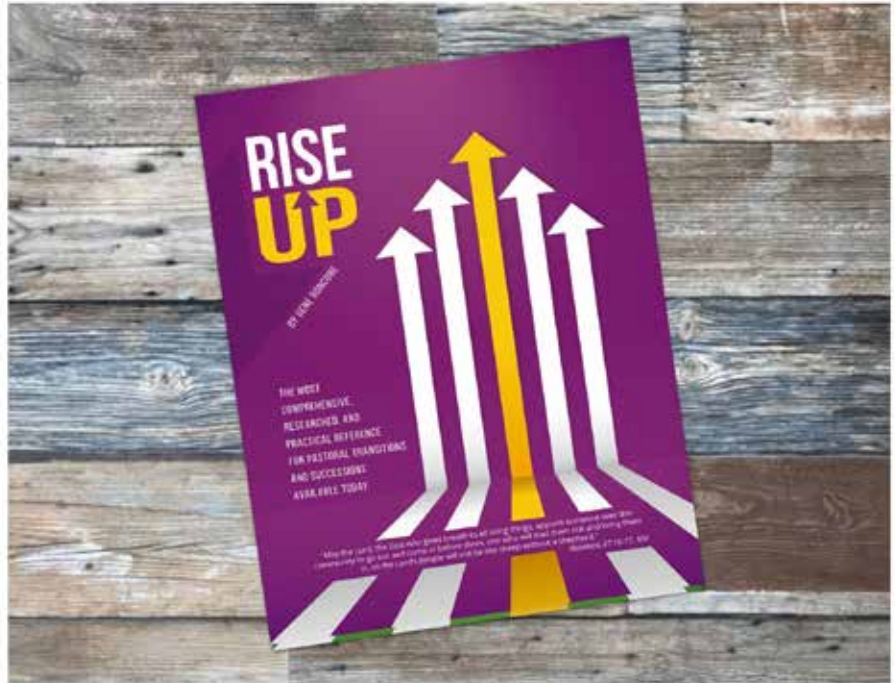


RISE UP, PASTORAL TRANSITION REFERENCE MANUAL Updated 2023 Edition

Rise Up has become the most researched, comprehensive, and practical reference work on pastoral transitions available. After years of research on pastoral succession and transitions, Gene Roncone has released the 2023 updated version of *RISE UP*, the most comprehensive and practical reference for pastoral transitions and succession available today. This 232-page resource has been vetted by leaders all over the nation and was created for the Rocky Mountain Ministry Network but can be applied to churches in any region, size, or scope. Whether you are a pastor wanting to create a succession plan, a member of a pastoral search committee, or even a forward-thinking leader wanting to resource your board, this resource is for you.

It is the only one in the nation that offers:

- Scriptural intentionality.
- A 13-step pastoral search process.
- New all-church PDF prayer guide to provide a spiritual covering for every stage and person involved in the process.
- Exposure to recent research and best practices.
- Presentation of the five most common succession models and how to apply them to your situation.
- A practical tool to shorten the



- transition learning curve.
 - Practical resources, forms, letters, schedules, and more.
 - Statistics regarding the financial impact of pastoral transitions and a transition budget template.
 - A 60-day sustainability plan with a focused prayer emphasis, sermon series, paperback book, and small group curriculum.
 - A new chapter on the importance and differences between the three different levels of AG credentials.
 - Customized online congregational survey with surveymonkey.com.
 - Helpful checklists to guide you through each stage of the entire process.
 - A podcast channel to help pastoral search committees navigate the uncertain waters of pastoral transitions.
 - Short explainer video and graphic to help search teams understand the three most common forms of church governance.
 - Summary to help search committees understand the difference between the three levels of ministerial credentials in the AG.
 - A three-week small group bible study with a curriculum to prepare your church for a successful leadership transition.
 - Coaching chapter on considering female candidates.
 - An exhaustive index to help you find what you need when you need it.
- The 2023 revision includes the following updates:
- Updates on best practices from

RISE UP, PASTORAL TRANSITION REFERENCE MANUAL *(continued)*

- recent books and articles.
- Updated online congregational survey to assess church health and clarify perceived pastoral priorities.
- New online devotional to encourage and affirm pastoral search teams throughout the search journey.
- New content on common mistakes search committees make.
- Companion resources and paperback book to serve as a stand-alone or small group companion resource to help normal church attenders better understand the Biblical purpose of pastoral transition and how they can grow through them.
- New podcasts. Two new podcasts on how to use the companion resource, *Defying Gravity* and the difference between unanimous and consensus decision making.
- New downloads, templates,

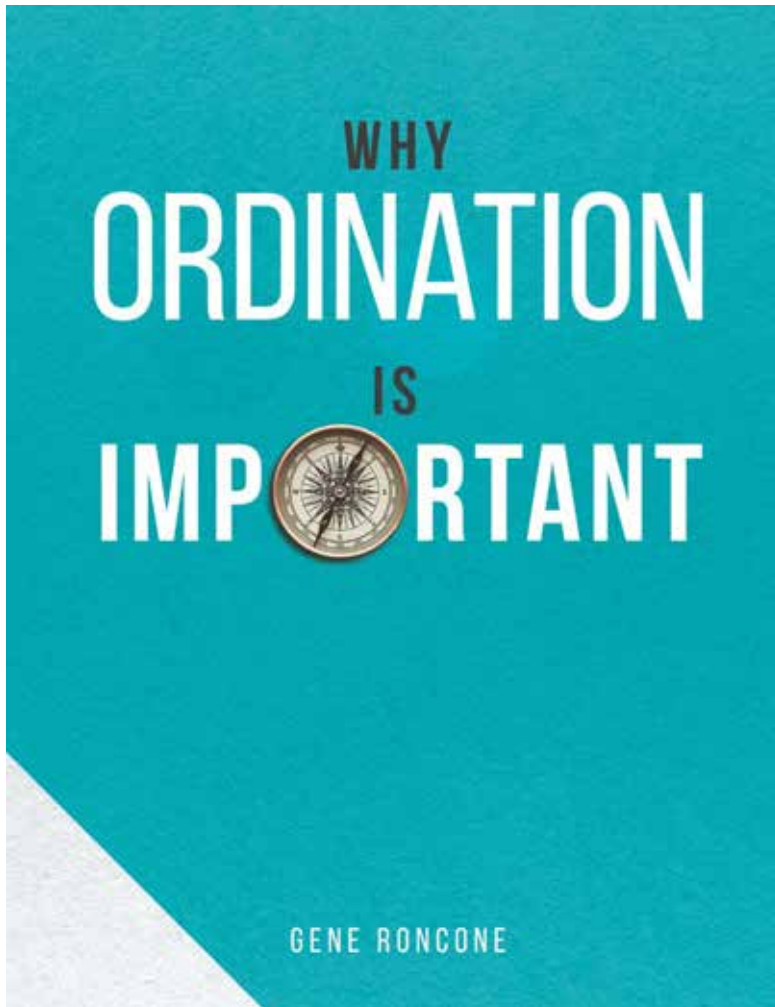
chapters, and relevant content.

- Updated recommendations for severance and monetary gifts for departing pastors.
- Summary of ministerial ethics and etiquette regarding pastoral transitions.
- Additional coaching on how to do reference checks.
- Customizable letters, forms, templates and worksheets that can be downloaded to save time and assist you in every stage of the process.
- Hyperlinks to sample letters, forms, and templates in Microsoft Word and Excel format.

If you are a pastoral search team member of a forward-thinking pastor wanting to set your church up to win in the wake of his/her departure, this resource is a must!

The resource can be downloaded for free at

www.generationcone.org/riseup



ATTENTION RMMN LICENCED MINISTERS

The deadline for ordination is fast approaching and if you want to be ordained at our 2023 Network Council, you need to start the application process. If you have ever wondered why ordination is important, check out this article that gives 10 reasons why ordination is important for all ministers.

<http://www.agspe.org/Ordination.pdf>

CONGRATULATIONS PASTOR SCOTT!

Congratulations to Pastor Scott Bottoms of Colorado Springs. Scott was elected to the Colorado State legislature to represent HD15. Let's keep he and Linda in our prayers.



2023 NETWORK COUNCIL AFTER PARTIES will feature one after-party each night.

- Monday night: World Missions after party**
- Tuesday night: US Missions after party**
- Wednesday night: Ordination after party**

Andrew and Ashleigh Dawson are leading the US Missions after party on Tuesday night on April 25th. They are briefing Supt. Roncone on their creative, out of the box and interactive plan. Hint ... think backyard bonfire with a bonfire for each of the 7 areas of US Missions. Love the way this couple thinks.

Register for Network Council at www.rmdc.org/council/



Andrew & Ashleigh Dawson on zoom with Supt. Gene Roncone

COMBINED RMMN AND CHI ALPHA STAFF MEETING

On November 22 we were blessed at the Network office to enjoy a combined staff meeting with the University of Northern Colorado Chi Alpha and the Network team.

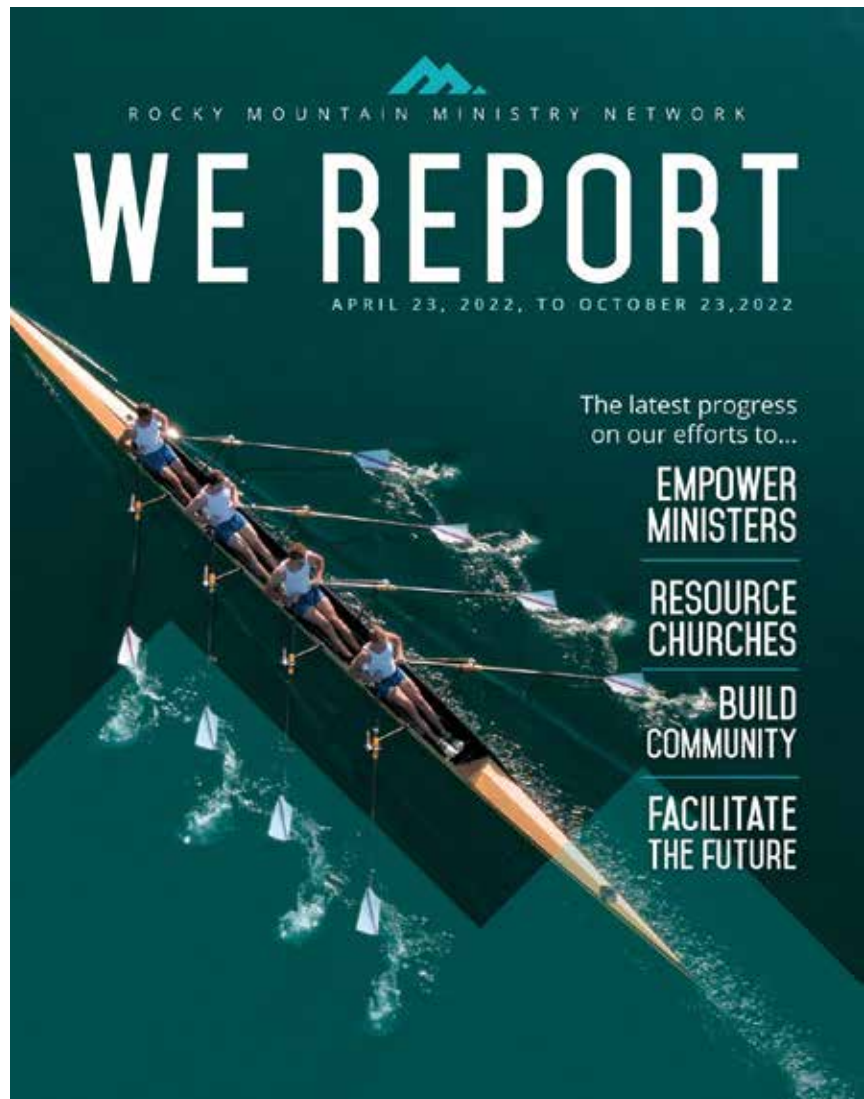
We spent time learning about each other and talking about the future of Colorado and Utah. Thanks Duncan, for bringing your team and strengthening our collaborative skills. These young missionaries inspire us and the future looks bright for all of us because of them.



RMMN QUARTERLY MINISTRY REPORT - WE SERVE SERVANTS

As a District Superintendent I welcome the question, "What has the Network done for me or my church?" One of the most powerful advantages of being part of the RMMN is that hundreds of thousands of dollars are mobilized each year to empower ministers, equip volunteers and resource our RMMN churches. Many of the people who attend our churches may not even know these resources exist. Maybe you don't either? Each quarter we produce a report called the WE REPORT. It is like a spiritual stock-holder report on all that is being done to serve, empower and resource our churches. Here is this quarters report. Anything in red font is an addition from the last quarterly report.

The latest WE REPORT can be accessed at www.generationcone.org/we



THE HEAD OF THE TABLE

Each Tuesday we eagerly relinquish the “head of the table” in the Network staff meeting to one of our ministers. This weekly highlight

reminds us as a Network staff of why we are here and who we serve. It also gives our ministers the opportunity to speak into our lives

and keep us grounded as well as maintain relational bridges to the field.

JARED BUCHTA@ THE HEAD OF THE TABLE

On Tuesday, November 15, we were blessed to have Jared Buchta at the head of the table. He is a firefighter/paramedic and an associate pastor at Salt Lake Christian Center. Jared has been a pastor, a church planter, an associate pastor and most recently he and his wife, Stephanie, have stepped in to be the new Children’s Pastors at SLCC. His ministry path has been a winding road, but he always embraces the path God has called him to. Firefighters train on getting through walls. Going



through drywall is easy, but training on cinder blocks and bricks is not. It might not seem like you’re making a difference, that walls are too thick, but keep going and you’ll

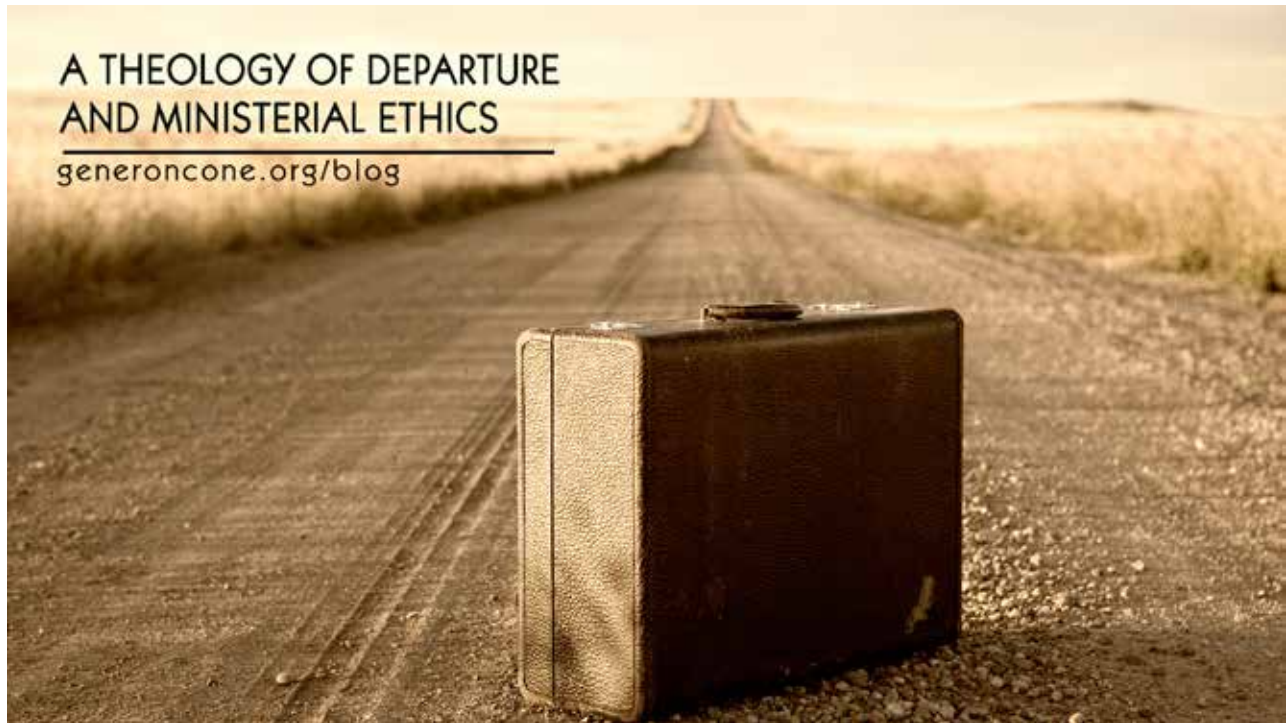
see a little light. *Philippians 3:14 NIV* “I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

JUANITA BLEVINS @ THE HEAD OF THE TABLE

On Tuesday, November 8, we were blessed to have Juanita Blevins at the head of the table. Juanita is the Pastor of Praise Church at Walsenburg, a PAC of Praise Assembly in Pueblo. She blessed us by recounting all that God has done this past year. They had 16 at VBS (Vacation Bible School), have their own worship team and are starting Celebrate Recovery. Juanita brought 4 women to the Network Ladies Retreat, with one woman being filled with the Holy Spirit. They had



4 water baptisms and there were 300-400 people at their Trunk or Treat event. God is working!



A THEOLOGY OF DEPARTURE AND MINISTERIAL ETHICS

My twenty-three-year-old son's death made me more aware of my own mortality. But it also enlightened me to the fact that I had failed the church I worked so hard to build. How? I never prepared the church in the event something ever happened to me. Not knowing what the future held, I found myself praying the same prayer Moses whispered in the mid seasons of his own life:

"May the Lord, the God who gives breath to all living things, appoint someone over this community to go out and come in before them, one who will lead them out and bring them in, so the Lord's people will not be like sheep without a shepherd" (Numbers 27:16-17 *NIV*).

That is when I decided to begin preparing the church in the event something ever happened to me. I began writing a transition

manual and my own personal pledge to the church letting them and future candidates know they could count on my support, integrity, and good intentions. I wanted to write this important document at a time when I could think clearly and would not be influenced by emotion, nostalgia, and the insecurities so common in life transitions. I knew that after nearly 17 years leading Highpoint, the success of the transition would largely be dependent upon my sincere support and intentional preparation.

One day I sat down at my computer and started the draft by asking, "What would Highpoint need from me to be successful?" Below is my answer to that question and a pledge that I wrote for Highpoint. Several years later after being elected District Superintendent I presented it to the board, read it to the church, had my family members sign a copy of it, posted to social media, and asked the board to

make it known to all potential candidates. If you are reading this as a lead pastor, I would encourage you to write one as well. If you are a member of your church's board, it will help you better understand the importance of your church bonding with their new pastor.

Pastor Gene's Pledge

As I follow the Lord's leading and transition from being Highpoint's lead pastor to Highpoint's biggest fan, I want to publicly pledge:

- **Not to interfere.** *I pledge to use my influence positively, not to speak critically or to act inappropriately during this or any other transition the church may experience.*
- **To facilitate success.** *I pledge to make the transition as smooth as possible by preparing the people, resourcing the board, and doing everything in my power to give my successor opportunity*

A THEOLOGY OF DEPARTURE AND MINISTERIAL ETHICS (continued)

instead of obligation. I will also deliver to the board a step-by-step succession plan that is customized for Highpoint's structure and the result of years of private research on best practices, books, and manuals concerning pastoral transition.

- **To help when asked.** I pledge to make myself available and ready to assist in any way the board or my successor may need. My only desire is that such a request during the interim come from the acting chair of the board or the new pastor after their arrival.
- **To be grateful.** I pledge to be grateful to God, the church and its board and staff, and the people of Highpoint for this wonderful journey we have taken together. I was fairly paid for my labor; and the church, the board, and the people owe me nothing for my service that was given unto the Lord.
- **To be positive.** I pledge to cast a vision of hope for the church under its new leadership and to meet any criticisms with optimism and in a way that honors God, existing leaders, and my successor.
- **To lead my family responsibly.** I pledge to instruct (and correct if need be) any of my family members involved in the church to be helpful, secure, and positive while they serve at Highpoint.
- **To embrace change.** Scripture teaches us that God uses

change to bring new life: "See, I am doing a new thing! Now it springs up; do you not perceive it?" (Isaiah 43:19 NIV). I pledge to find my security in God and embrace this new chapter of my life with faith, trust, and optimism. I also pledge to be enthusiastic about the new chapters that God is writing in the life of Highpoint.

- **To create margin for bonding.** Although we will always be friends, I will not always be your pastor. Now it is important for the church to bond with the new pastor. Nowhere does that occur faster than landmark moments of life. That is why I will be deferring to the new pastor and unavailable to officiate at events like weddings, baby dedications, hospital calls, funerals, counseling, and other pastoral duties. Your new pastor will be more than capable of helping in these areas and will let me know should assistance be needed.
- **To contribute.** I pledge to make the first significant donation to the transition fund I established to finance expenses related to this and future pastoral transitions.
- **To pray.** Like Samuel who said, "Far be it from me that I should sin against the Lord by failing to pray for you" (1 Samuel 12:23 NIV), I pledge to pray for the church, its leaders, its finances, and its growth.

I made this commitment not only because I wanted Highpoint to succeed but also because God's Word, ministerial ethics, and common sense require it.

These next three things should shape and guide every minister's theology of departure.

Guiding Theology of Departure

1. **God's Word.** The Bible commands ministers to respect the boundaries, seasons, and calling of other pastors and ministries. The Apostle Paul modeled a deep respect for the ministry boundaries and work of fellow ministers: "It has always been my ambition to preach the gospel where Christ was not known, so that I would not be building on someone else's foundation" (Romans 15:20 NIV). When speaking of the different ministers that served in Corinth, he also said, "What, after all, is Apollos? And what is Paul? Only servants, through whom you came to believe—as the Lord has assigned to each his task" (1 Corinthians 3:5 NIV). In other words, if God calls a person away from a ministry and appoints another person to steward that work, ministers as servants must recognize that their old ministry is not theirs to interfere with, build upon, or complicate. They must give themselves fully to their new ministry and leave their old assignment in the hands of a new shepherd. This is a principle repeatedly modeled in scripture.
2. **Ministerial ethics.** Most ministers are credentialed with a reputable denomination or credentialing authority and are accountable to them for doctrine, lifestyle, and ministerial ethics. As RMMN ministers, we are credentialed with the Assemblies of God. To maintain good standing, we must renew that credential each year by signing a document agreeing to their doctrinal statement, organizational policies, and ministerial ethics. This includes

agreeing not to interfere in another pastor's ministry or communicate in a way that might undermine the credibility or influence of the new pastor. We agree not to fundraise, make requests, or give suggestions through anyone other than the new pastor. To do otherwise is called "discourteous conduct," and such infractions can result in our credential being placed under investigation or revoked. Why? Because our history and influence in a prior ministry does not give us the right to interfere after we have departed. God has called a new person to lead that church, and we are obligated to respect their calling and ministerial boundaries because it is the ethical thing to do.

3. Common sense. Ministerial ethics, etiquette, and courtesy are also based on common sense. Leadership is not a position, a title, or even an address. Leadership is influence. That is why, whether it is a doctor, a lawyer, or even an insurance agent, every profession has its own standards of professional courtesy. It is also why ministers usually make a clean break and give the new pastor plenty of margin to bond with their new congregation, build their own influence, and lead the church into the future.

The goal of a transition is not to prolong the departing pastor's ministry, legacy, or influence. It is to help the church bond with their new pastor and ensure a successful future. Each departing pastor should treat their successor in a manner they would hope their own predecessor would honor them. The relationship of honor can only become a two-way street when it is first modeled by the departing leader.

John the Baptist modeled this kind of ministerial courtesy when he said about Jesus, "He must increase, but I must decrease" (John 3:30 *KJV*). Being proactive, cautious, thinking about our thinking, and submitting our emotions to the Spirit can help us take the high road and love our previous congregants enough to allow them to bond with God's new pastor.



JOHN BRYANT
Secretary/Treasurer
jbryant@rmdc.org



COLORADO FAMLI IMPACT NOTICE (Family and Medical Leave Insurance)

This is a courtesy email intended to assist our wonderful RMMN family. Should you have follow-up questions, please use the Colorado links provided below for assistance.

Effective January 1, 2023, the voter-approved Colorado FAMLI program becomes law (CO Rev. Stat. § 8-13.3-501-524). This new program impacts virtually every Colorado RMMN church and minister in some way or another.

The FAMLI program is funded by employers and employees. While the employer's portion is determined by the total number of employees the organization has nationwide, the FAMLI premium is only paid for Colorado employees. To learn more about how this may benefit you/your family, visit <https://famli.colorado.gov/> for more information.

Employers (churches) are required to inform their employees (even ministers) before January 1, 2023, enroll as an organization through the CO website (links provided on page 21), and make premium

deductions from employees' paychecks as obligated.

Employers with nine or fewer employees, participating self-employed individuals, and certain government employers do not have to provide the employer contribution but must collect and remit employee contributions.

This is accomplished through a payroll deduction, which is required to begin January 1, 2023. Employees are never required to pay more than 50% of the total premium.

In 2023, premiums are set at 0.9% of the employee's wage, with employers with 10 or more employees paying 0.45% and employees paying 0.45%. Qualifying employers must pay the employee's (even dual-status employees – for the purposes of Social Security) share (i.e., pay the full 0.9%), intended as an additional employee benefit. Premiums are paid on wages up to the Federal Social Security Wage Cap which is \$160,200 for earnings in 2023.

RMMN has received legal counsel regarding the impact and scope of this program related to non-profit religious organizations and churches within Colorado. The

following has been confirmed:

- Employers are required to notify their employees about the FAMLI program by January 1, 2023.
- All employers (churches), regardless of size, must register with the Division before April 30, 2023 - the due date for the first premium payment.
- Registration is done online using the Division's new My FAMLI+ Employer portal tool (link provided below).
- There are no exceptions for Colorado churches or other nonprofit groups.
- This program applies to employees who work in Colorado, regardless of where they reside.
- Even if a (dual-status – self-employed) minister isn't currently included in their non-profit or churches' ongoing payroll process, they must be included in this new program.
- The Colorado Department of Labor and Employment's Division of Family and Medical

COLORADO FAMILI IMPACT NOTICE *(continued)*

Leave Insurance (the Division) has launched a new My FAMILI+ Employer portal to assist employers and payroll service providers in managing an employer's obligations under the program.

Please use the provided links for more information:

<https://famli.colorado.gov/employers>

The FAMILI toolkit for Employers includes several resources to help your employees navigate the upcoming changes that begin in January including the 2023 Required Program Notice, a Paycheck Stuffer, the FAMILI Employee Handbook and more. Please use the provided link for more information:

<https://famli.colorado.gov/employers/famli-toolkit-for-employers>

ACMR

The Annual Church Ministries Report (ACMR) will be coming soon and is due February 1, 2022.

The ACMR Online System is scheduled to be available for reporting by January 3, 2022.

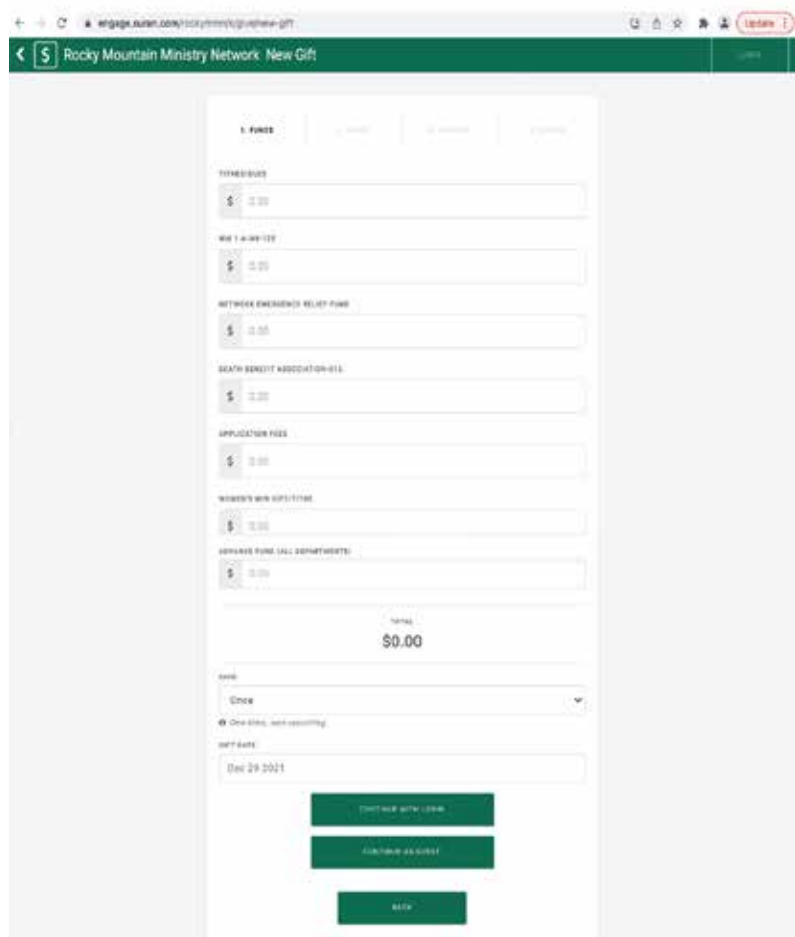
Is your church Live Streaming? Do you have an Online Congregation? You can count those watching in your ACMR. The criteria is 1.5 persons per IP address and 1.0 per mobile.

ONLINE GIVING

Online Giving is very easy. Go to our website, www.rmdc.org, click the Online Giving tab at the top. It will take you directly to Engage, the Rocky Mountain Ministry Network New Gift page. Click the Giving Funds green box.

A variety of giving options are available: once, weekly, bi-weekly, etc. It is easy to create an account - just make sure to use the email address we have in the RMMN database. If you already had an account, the login and password will be the same.

If you have any questions, give us a call at 719.522.0195.



The screenshot shows a web browser window displaying the 'Rocky Mountain Ministry Network - New Gift' page. The page features a list of giving options, each with a dollar sign and a text input field:

- TITHES/DUES
- WELFARE
- NETWORK EMERGENCY RELIEF FUND
- DEATH BENEFIT ASSOCIATION (DBA)
- APPLICATION FEES
- WOMEN'S MINISTRY FUND
- ADVANCE FUND (ALL CONTRIBUTIONS)

Below these fields, a 'Total' of '\$0.00' is displayed. There is a 'Next' button, a dropdown menu set to 'Once', and a radio button for 'One-time, non-recurring'. The 'OFF DATE' is set to 'Dec 28 2021'. At the bottom, there are three buttons: 'THANK YOU & GO', 'CONTINUE AS GUEST', and 'BACK'.

THE CHURCH MINISTRIES TEAM IS WORKING FOR YOU!



SHAWN REINE
Church Ministries Director
shawn@rmdc.org



LINDA BOTTOMS
Assistant Church Ministries
Director
lbottoms@rmdc.org

Ladies Retreat Information:

Every woman in the Rocky Mountain Ministry Network is **SEEN, HEARD** and can be **EMPOWERED** by God! We find in scripture where God brought women out of shame into honor. The Rocky Mountain Women are believing in 2023 that women in our network will realize that God sees them, He hears them and He wants to Empower them, bringing them out of their shame into an empowered relationship with Him.

2023 UT Women's Conference

September 22-23, 2023
Early Bird - \$70 a person



2023 CO Ladies Retreat
October 20-22, 2023



Next-GEN:

Thank you so much to those of you who came to Next-Gen Retreat! We appreciate the effort you put into joining us and hope to see you November 9th-11th, 2023 for next year's Retreat!



The poster features a dark teal background with vibrant orange and green concentric circles and vertical stripes. On the left, a photo of a worship band is labeled "HighPoint Worship". In the center, the text "FINE ARTS FESTIVAL" is written vertically. To the right, the text "YouthCon23" is written vertically. At the top right, the dates "March 9th-11th, 2023" and location "Highpoint Church, Aurora" are listed. Below this, a photo of DJ Peacock is labeled "DJ Peacock After Party". At the bottom right, a photo of Zach Hill is labeled "Zach Hill Speaker".

HighPoint Worship

YouthCon23: \$55

Early-Bird Fine Arts: \$65
Deadline: February 1st, 2023

General Fine Arts: \$75
Final Deadline:
February 13th, 2023

FINE ARTS FESTIVAL

YouthCon23

March 9th-11th, 2023
Highpoint Church, Aurora

DJ Peacock
After Party

Zach Hill
Speaker

YouthCon23 & Fine Arts:

On March 9th-11th, 2023, over 750 students from Colorado and Utah will gather at Highpoint Church in Aurora, Colorado for a combined YouthCon23 and Fine Arts experience that will be the highlight of the year!!! Our heart and desire are that EVERY student in the Rocky Mountain Network attend YouthCon23 and have a POWERFUL encounter with God! This weekend is for EVERYONE in your youth group, whether they do Fine Arts or not! Join speaker Zach Hill, Highpoint's Worship Team and After-Party DJ Peacock for a fun, life-changing event!



CO Kids Camp:

This year the Colorado Kids Camp is June 27th - 30th, 2023 at Camp Cedaredge. We hope you are excited for impactful messages from our guest speaker, David Alexieff.

Camp reservations open January 1, 2023. Reserve your space at <https://www.rmhc.org/kidscamp/>

UT Kids Camp:

This year the Utah Kids Camp is July 14th - 16th, 2023 at BIG CANYON RANCH.

Camp reservations open January 1, 2023. We are looking forward to all God has planned this summer!

Reserve your space at <https://www.rmhc.org/kidscamp/>



Youth Camp:

Youth Camp changes lives for eternity. During camp, students have an immersive experience that gives them the opportunity for lasting spiritual impact. This year's camps will be held at Camp Cedaredge! You have the opportunity to choose from four different weeks, with four different speakers.

Reserve your space now at <https://www.rmdc.org/youth-ministry/>



Church University -

The Rocky Mountain Ministry Network has partnered with Church University to provide excellent training resources for our church leaders. These resources come free to the local church with courses including Preaching, Church Board, Church Audio Track and Kids Ministry. To get your church signed up go to Church University located under Church Ministries at our Network website.

www.rmdc.org/church-university/

rightnow MEDIA

We have a massive gift for you. We have partnered with **RightNow Media**! RightNow Media is like a Netflix of Bible Studies. It has over 400 Christian publishers, tens of thousands of Bible studies, conferences, training sessions, kid's cartoons, and much more! There are over 20,000 churches, schools and ministries who partner with RightNow Media. As a pastor, leader or credential holder with us, you receive FREE personal access to this resource! You can get access to this amazing resource IMMEDIATELY by visiting www.rmdc.org/rightnowmedia.

ROYAL RANGERS HAS ANOTHER ACTION-PACKED YEAR PLANNED FOR 2023!

Events for 2023:

- March 9-11 LEAD Conference
Tulsa, OK
- June 8-11 FCF Trace -
location to be
determined
- July 18-22 FCF Mountain Man
Territorial
Rendezvous, So Cal
- July 24-27 Jr Training Camps
Cedaredge, CO
- July 27-30 Adventure Camp
Cedaredge, CO
- Sept 1-4 Frontier Family Camp
location to be
determined
- Nov 17-19 Navajo Missions Trip
Counselor, NM

In addition to these activities, local outpost and divisional activities will be held, including: Ranger Derby, Camp-outs, and training.



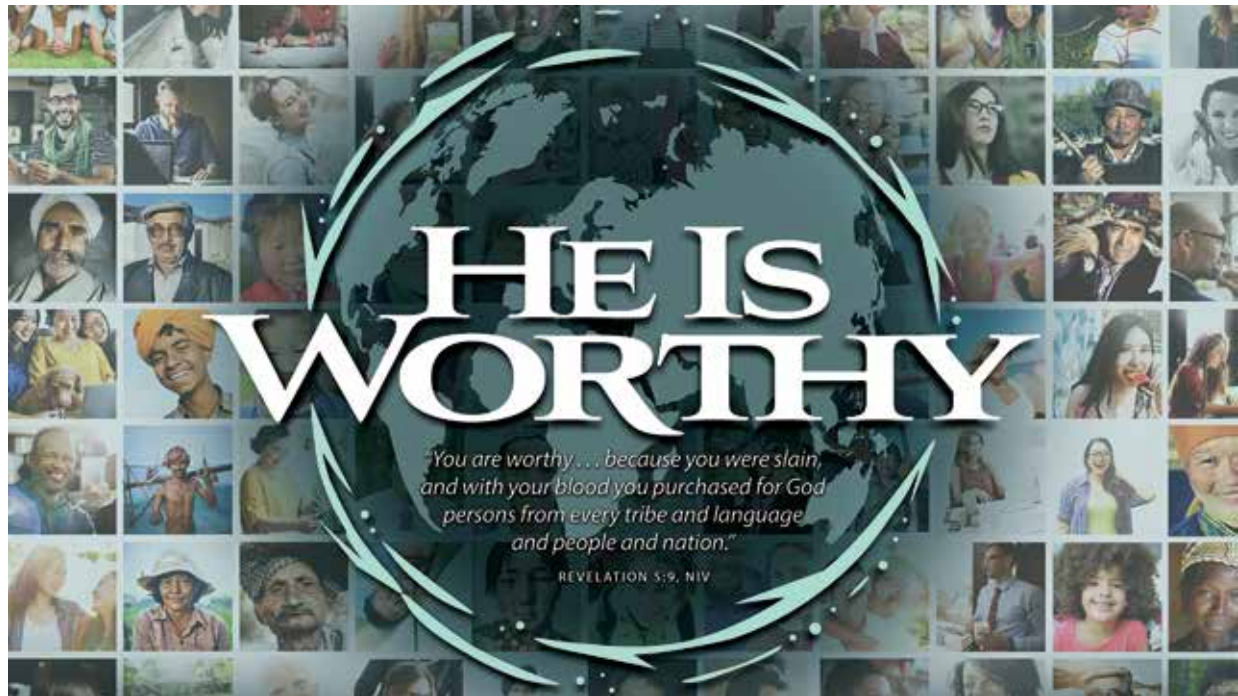
You Can Still Charter:

The charter window is over, but you can still charter your outpost and enjoy the benefits of chartering. Save money on My Healthy Church Royal Ranger items, and Ranger events. Your chartering also gets your outpost put on the outpost locator on the National Royal Ranger website so that those who are looking for an outpost in their area find you.



JACK MARSHALL
Royal Rangers
jack.marshall@live.com
www.rmdrr.org





ITINERATING MISSIONARIES

Nate & Lindsey Banke
Colorado Chi Alpha
natebanke@gmail.com

Josh & Carolyn Jimenez
Colombia
pastorjosh1984@yahoo.com

Paul & Lori Traver
Germany/Military Ministries
three.4.europe@gmail.com

Craig & Andrea Wheeler
Portugal
cdwheeler01@gmail.com

**ITINERATING MISSIONARIES
LATER IN 2023**

Larry & Rhonda Allen
Zimbabwe
larry.allensinafrica@gmail.com
rhonda.allensinafrica@gmail.com

Remember: Several sensitive country missionaries are usually home on furlough, too! Contact the RMMN Missions Team for more information - missions@rmdc.org.

Check out the AGWM webpage for information, news and resources, like worldview magazine.
<https://www.agwm.org>

“THIS IS THE FARTHEST I’VE EVER GONE TO PURSUE A GIRL!”

Sydney is what I would call a faithful discipler. She is a senior at CSU and it is her third year on leadership with our XA. Each year of small group leading has been different. Her first year she had a great group of girls come together to pursue Jesus but her second year was a struggle with girls not being faithful or committed. This year she was excited for a fresh start and was ready to give it her all to pursue students on campus for a transformational relationship with Jesus and the fun and adventure of Christian community.

From the start of the semester the Lord brought together some awesome women that jumped right in to Chi Alpha community

and especially small group and friendship with Sydney and Sage, who leads the group with Sydney. One day I was talking with Sydney and she said “I just went sky diving this morning with the small group girls! This is the farthest I’ve ever gone to pursue a girl!” These memory making moments help build a foundation of friendship that allows for vulnerability and trust to talk about the things of the Lord and grow together in their walks with God.

- Please pray for students as they go into Thanksgiving break and winter break that they would prioritize time with the Lord and continue to grow in their faith.
- Pray also for the many students going on our 3 winter break missions trips: 2 to our recently planted XA’s in Colorado and 1 to our marketplace team in



NATE BANKE
Chi Alpha - Colorado
natebanke@gmail.com

Spokane, WA.

- Lastly, pray that many students would come to our winter conference in January where they have an opportunity to be forever impacted for the Lord!

We are so grateful for your partnership!



The start of the semester is a sprint full of meeting freshmen on the intramural fields late at night, striking up convos with students over dining center lunches, camping trips over labor day weekend, tabling on our university plaza and having initial faith conversations with the students we’ve met.



We have been doing a number of different things with our corporate services for the start of the semester including doing them on the university lawn in the middle of campus, doing a dinner with a diversity of international foods that we call agape feast, and now our services at a coffee shop near campus for the remainder of the semester.



Thank you for all you do to partner with us in the ministry of transformation on our universities!



GLENN JONES

Camp Cedaredge

campcedaredge@gmail.com

HELLO RMMN AND HAPPY NEW YEAR TO YOU!

There is so much to celebrate and to share with you about what the Lord has been up to at Camp Cedaredge, but we wanted to dedicate this cycle to an update on project work at the camp, and what has been accomplished this past year in '22. We are moving on past a year that was very intense with improvements to your camp, and we are celebrating all that the Lord has done here on our team and with this facility. We have several loose ends to tie up from some of these projects that aren't yet complete, but we have added several new improvements this year, and are excited to see what the Lord does in 2023. Here is a list of some of the projects that were completed in '22:

1. In the Spring, we poured a new 50'x50' patio to replace the dilapidated lumber deck, and we have built it to spec with bolts ready to receive the new steel canopy that is designed to go on it. Hopefully we can get the funds this year to purchase that canopy! We are praying to that end.

2. After building that new patio, we installed railing, and several other finishing touches to handle water drainage etc, and we are also looking at bringing in some outdoor kitchen capability for that area.

3. We have begun a remodel in the old sweet shoppe to expand the room, and part of that project will be bringing electrical and plumbing out to that new canopy which is adjacent to the sweet shoppe.

4. We have also converted the old game room to a bunkhouse with an entry foyer and 4 rooms to house more summer staff up to 16 personnel.

5. A new game room site was built between the mini golf course and the ropes course area, and that room will be a much larger recreation space, a huge improvement over the old game area. Also, it will double as storage for the ropes course gear, and eventually have a deck off the back in full southern view of the ropes course.

6. The mini-golf course has been resurfaced with some professional putting material and has vastly improved the experience of playing that course.

7. A new RV site has been established and is currently under inspection to be passed for electrical code. 5 full hookup spaces 25' wide now exist behind the cabin just across the driveway from the ropes course area as well.

8. A new electrical service has been added to remove the aerial power lines from the cabin area, and when the RV site is complete

and past inspection, the retrofit will take place to remove that line.

9. We've installed new mop sink infrastructure in both of our commercial kitchen areas and have also done new plumbing improvements in the process of having the floors torn open.

10. Several other small projects and improvements have happened as well making this one of the most, if not the most productive project years on the books.

We are so grateful for the many folks who have invested time and treasure into these improvements for your campground, and we are looking forward to finishing these off and accomplishing more going forward. To include:

1. Improved internet infrastructure
2. Completion of projects begun in '22
3. Installation of the aforementioned patio canopy (when funds are available)
4. Ropes course improvements and new elements
5. New chapel
6. Themed improvements on mini-golf area
7. New shop materials storage space
8. Removal of 50+ trees
9. Improvements in dorm for heating/cooling
10. Cooling in the dining hall
11. New chapel structure with added foyer/bathroom capacity

Please be praying with us about these items and so much more as there is much to accomplish

to continue to steward this place well.

If you are interested in bringing a team out to help with these and other projects and to enjoy time together investing in this special place, please reach out to us for opportunities to do that. One such opportunity is coming up this May during Camp Prep Week - May 17-20. (Wednesday through Saturday) These work events are the most fun you'll ever have working - we guarantee it!

Happy New Year, we'll be praying for you and your ministries!



Camp Prep Week is May 17-20, 2023

Project Overview

We are looking forward to a fun CPW this year and are grateful for your consideration to invest time and/or finances as well as labor into the ministry of Camp Cedaredge! It has been our aim in years past to choose effective, meaningful projects for co-owners of this camp (that's you!) to be a part of, and this year is no different.

Each of these projects chosen for 2023 are strategic to not only the improvement of the appearances of different areas on the camp, but also to the improvement of the functionality of the camp. **We have chosen to dedicate the projects during this year's CPW to solving 3 specific objectives:**

1. **Housing for event staff during peak season**
2. **Foot traffic flow during peak season**
3. **Overall readiness of the facility for a summer of ministry**

Housing:

We need more room for event staff to be housed at camp. These staff are the engine behind pulling off events such as youth camps, where the attendance is upwards of 350 students. For years we have been looking for creative solutions to be able to add housing for 15-20 more staff per summer event, and we see an opportunity to solve 2 problems at once, while also updating some space which have been on the waiting list anyway! The projects:

1. **New Bunkhouse** - the old game room is now the new bunkhouse. The space was struck, walls are in, and sheet rocked and textured, as well as light circuits installed. We will be painting & finishing this space over the next 2-3 months.
2. **New Game Room** - we needed a larger space with a solid floor for a game room, and now we have it! Just need some interior framing, lights & finishing touches to be ready to use.
3. **Bathroom/Shower house fixup** - the new bunkhouse will need a more functional and improved shower house. We will be gutting some of the shower plumbing to make way for new shower lines, valves, and heads.

Foot Traffic:

We have consistently run into a traffic jam in one specific area that is very popular. At this point, we serve ice cream and other treats out of a space called the "Sweet Shoppe". This has been a welcome and wonderful

addition to the campus, and its hopping! There is a predictable long wait in line every time this space is open to serve these items, because the space is much too small to accommodate the traffic, and it is too small to have adequate capacity to serve such a crowd in a timely way. We'd like to solve this problem!

1. **Sweet Shoppe Expansion** - We have moved the existing wall to close in the neighboring porch area effectively doubling the size of the Sweet Shoppe. We wanted to make room for twice the serving capacity in this space to get through lines more efficiently so kids can hang out somewhere besides a line during their free time. Interior finish work will be a winter/spring project.

Other Active/Future Projects:

New Patio canopy: Currently fundraising for building itself. Total cost is 55k. Work team is being assembled for September's Camp Investment Week 2023.

Mini golf finishing touches: Need 9 youth groups to raise \$250/each for a numbered post display at each tee box.

Chapel 2.0: Plans are being tossed around with project managers, our camp committee and our network leadership about the possibility and necessity of a new main gathering space on the campground. This concept is in the early stages, but an improved space of this kind is becoming a real need.

New Patio Water Fountain/Bottle Fillers: Raising \$2,500 for fixtures.

Various fixes: Internet upgrades, plumbing system, air conditioning systems, along with several others are all capital projects on the list to include only a few.

How to help/Contact us:

If you are interested in learning more details about any one of these projects, please get in contact with us to make arrangements: campcedaredge@gmail.com or my cell (970) 216-2588. We look forward to having you join us, and we thank you for your consideration in helping share the costs of these projects so we can complete these important objectives!

DEALING WITH WORRY AND ANXIETY - Part 3 of 3

By George Stahnke

Additional suggestions for overcoming anxiety

1. Identify the stimulus that generated the unwanted worry/ anxious thoughts.

Ask yourself . . .

- Where was I?
- Who was I with?
- What was I doing?
- What happened?
- What am I afraid of?

2. In a voice that you can hear, engage in worship, prayer, and thanksgiving.

Philippians 4:4-7 (AMP) Rejoice in the Lord always [delight, gladden yourselves in Him]; again I say, Rejoice! 5 Let all men know and perceive and recognize your unselfishness (your considerateness, your forbearing spirit). The Lord is near [He is coming soon]. 6 Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God. 7 And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus.

3. Engage in positive thinking

Philippians 4:8 (NKJV) Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

1 Peter 5:7 (AMP) Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately and cares about you watchfully.

Psalms 55:22 (AMP) Cast your burden on the LORD [release it] and He will sustain and uphold you

John 14:27 (AMP) Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]

I would encourage you to watch the 1960 Disney film Pollyanna starring Hayley Mills. Learn to practice "the glad game."

4. Engage in positive activities

Physical activity can improve your mood and help you sleep better. Walk, jog, or work out. Try to avoid the junk food and eat healthy. Good nutrition helps you physically and mentally. Getting enough quality sleep can help you feel better during the day.



GEORGE STAHNKE
Ministry Enrichment
gmstahnke@gmail.com

Practice relaxation techniques. A shower, deep breathing exercises, or time in a quiet place to collect your thoughts can help relieve stress and make you feel more at ease.

5. Get involved

Avoid the temptation to isolate. Volunteer, join a club, or take up a hobby to share your strengths, abilities and wisdom with others.

6. Get help

If your anxiety persists you may want to speak to your pastor, doctor, a mental health professional.

7. Read the book "The Anxiety Cure" by Archibald Hart

LEADERSHIP TEAM

Gene Roncone
Superintendent/Network Pastor

Alex Lucero
Assistant Superintendent

John Bryant
Secretary/Treasurer

Steve Chavez
Executive East Slope Presbyter

Kelly Preston
Executive Utah Presbyter

Josh Cook
Executive West Slope Presbyter

SECTIONAL PRESBYTERS

Sam Scalf
Denver Metro North

Jim Brummett
Denver Metro South

Michael Dominguez
Mountain

Paul Speicher
Northeast

Rob Rocca
Northern

Jason McManus
Northwest

Paul Aragon
Pikes Peak

Stan Formby
San Juan

TBD
Southeast

Josh Richardson
Southern

Lonnie Campbell
Utah North

Noreen Lemon
Utah South

Chris Peterson
West Central

DEPARTMENT DIRECTORS

Church Ministries Director -
Shawn Reine

Assistant Church Ministries Director -
Linda Bottoms

Church Multiplication
Gene Roncone - Network Director

Ministry Enrichment -
George Stahnke

MINISTRY REPRESENTATIVES

Camp Cedaredge
Glenn Jones - Director

Chi Alpha - Colorado Director
Nate Banke

Chi Alpha - Utah Director
Daran Lemon

Church Extension Plan
Gene Roncone

Missions
Gene Roncone