

Single Adult Ministry

8 Ways to Reach
Single Adults

124.6 Million Singles

7 Ways to Serve the Single
Adults in Your Church

Single Adult Ministries

Single Adult ministries is a vital ministry in the local church but can also be overwhelming when we realize that singles range from 18-99. We have single never been married, single divorced, single widowed. There are single's looking to be married and singles looking to remain singles. Single adults include single parents and single grandparents. It would be detrimental to just target single adults and not be aware of all the different demographics this group consists of.



The Statistics

- 124.6 Million Singles** - Singles now outnumber married adults over 16.
- 51%** of adults not married in the US are between 18-34. This is up nearly 30% since 1978.
- 53%** Of all Meals (married and single) are eaten alone.
- 23%** of churchgoers are single.

More Statistics

- In 2018 The average age for a first time marriage was 29.8 for men and 27.8 for women. This has increased every year in the last 25 years.
- Residents of the US over 18 that are not married. Women - 53%, Men 47%
- In 2017 there were 19 Million unmarried US residents over 65. Seniors comprise of 18% of unmarried people 18 or older.
- There are 14 Million widows in the US, which is 4 times as many as men. On average, widows live 14 years alone after their spouses passes away. The average age of a widow is 57.
- 30 Years old is the median age of first marriage divorces in America. 45-50% of marriages end in divorce.
- 40% of all Parents are Single Parents.

[Click this link for more statistics.](#)

8 Ways to Reach Single Adults

- 1. Know the Demographics of your ministry area.**
- 2. Recognize difference among singles.**
- 3. Affirm goodness of singleness**
- 4. Be careful not to promote only “couples” as the right pattern of living.**
- 5. Teach on biblical marriage.**
- 6. Use single adult role models in sermon and teaching illustrations.**
- 7. Enlist singles to serve in leadership positions in your church.**
- 8. Strengthen your ministry to college students.**

7 Ways to Serve the Single Adults in Your Church

- 1. You are not shepherding a dating service - wait, yes you are. -**
Churches should have a high view of marriage and uphold it without apology.
- 2. Marriage is not the ultimate prize.**
- 3. The Singles are actually unmarried men and women. -** It's important that unmarried men and women are discipled as men and women and not a generic lump of singleness.
- 4. Single men and women need leadership responsibilities.**
- 5. Single adults are not workhorses.**
- 6. Understand the challenges of endless opportunity.**
- 7. Don't be afraid to challenge bitterness**

Bible Studies/Books

Embrace the Table - In 6 sessions this study is meant to start the foundation of a community group in your local church or to connect singles in an existing group.

Single in the Church: Myths and Possibilities - Single in the church validates singleness as a complete and whole potentially happy place to be in, and it points to how a culture of healthy dating is possible in the church.