May/June 2020

RMMN CONNECTION

Newsletter of the Rocky Mountain Ministry Network of the Assemblies of God

Ordination Class of 2020



George Acheampong



Christine Dillin



Cindy Dudley



Tim Dudley



Doug Eddy



Carolyn Garrett



Dan Gibson



Joshua Jimenez



Wilma Lee



Brett Lohr



Cipr<mark>iano Sr.</mark> Marrujo



Caleb McNaughton



Tyler Peterson



Austin Rains



Taylor Rains



John Rotharmel



Kim Rotharmel



Linda Scholtz



Paul Simmons



Ruth Thompson



Angela Vesely



Dustin Williams



Heather Williams



Joshua Yancey

Leadership Team

Gene Roncone Superintendent/Network Pastor

Alex Lucero

Assistant Superintendent

Randy Popineau Secretary/Treasurer

Executive Presbyters

Steve Chavez East Slope

Dane Wead

Utah

Josh Cook West Slope

Sectional Presbyters

Sam Scalf Denver Metro North

lim Brummett Denver Metro South

loe Archuleta Mountain

Joe Berry Northeast

Rob Rocca Northern

Travis Lowell Northwest

Josh Richardson Southern

Phil Steiger Pikes Peak

Lonnie Campbell Utah North

Stan Formby San Juan

Noreen Lemon Utah South

TBD Southeast Jason Neely West Central

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Church Ministries Director -Shawn Reine

Assistant Church Ministries Director -Linda Bottoms

Church Multiplication

Gene Roncone - Network Director

Caleb McNaughton - East Slope Director

Travis Lowell - West Slope Director

Alex Lucero - Utah Director

Ministry Enrichment Team George Stahnke - Director

Linda Stahnke

Steve & Bonnie Chavez

Josh & Sara Jane Cook

Matt & Leah Miller

Royal Rangers - Jack Marshall

Ministry Representatives

Camp Cedaredge Glenn Jones - Director

Chi Alpha - Colorado Nate Banke

Chi Alpha - Utah Daran Lemon

Church Extension Plan Gene Roncone

Deaf Ministries James Banks

Missions

Bradley Williamson - Lead

Daran Lemon - US

Steve Livingston - World

David Nicholson

Rich & Shellie Wooton

Teen Challenge Daniel Petruska

Recognized Ministries

Denver Dream Center Bryan Sederwall

Eagle's Nest Counseling John Gowins

First Responders Marriage Ministry Larry Selman

Harvest Field Corners Jerry Tuttle

Ravens

Phil & Cheryl Neely

Royal Family Kids Wayne Tesch

Utah Dream Center Alfred Murillo

Sarah's Home Vicki Proffit

Sox Place Doyle Robinson

YES! Young Enough to Serve Wes & Judy Wick

MINISTRY NETWORK CALENDAR

May 7 National Day of Prayer

May 9 **DSOM**

May 10 Mother's Day

May 12 CMD Resource Video Conf, 6:30 pm

Presbytery Zoom Meeting May 20

Memorial Day May 25

June and July activities are tentative.

Kids Leaders Video Conf June 9

June 21 Father's Day lune 22-25 Youth Camp I

June 29-July 1 Colorado Kids Camp

July 10-13 Every Girls Camp Youth Camp II July 13-16

Youth Leaders Video Conf July 14

Utah Kids Camp July 19-21





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May/June Vol. 26, No. 3

5 THINGS FROM THE SUPERINTENDENT

Superintendent's "We" Report Annual Progress Report

As a leader I welcome the question, "What has the Network done for me or my church?" I understand the importance of a superintendent giving an annual report outlining the progress originating from their office.



Gene Roncone Superintendent/ Network Pastor gene@rmdc.org

Because I believe healthy ministers build healthy churches, I also understand the prime directive of a district office to be of service to ministers first and churches second. To me, the purpose of the RMMN is to bring eternal hope to Colorado and Utah by embracing the following four strategic initiatives:

- Empower ministers: Credential, equip, and resource ministers.
- Resource churches: Resource, train, and network churches.
- Build community: Connecting, including, and collaborating.
- **Facilitate the future:** Creating opportunities for the Assemblies of God in Colorado and Utah by establishing long-term vision, new and innovative income streams, and church multiplication.

Although this report is limited to specific projects executed from the superintendent's office and not inclusive of the entire Network, none of these accomplishments would have been possible without the help of others. That is why I have chosen to write an more exhaustive report online. It is written in the first person plural (with limited exceptions) and entitled the "We" Report. Like Dr. Luke when writing the Book of Acts, I have chosen to use the word "we," knowing that everything that emanates from the vision of a leader is also the product of a collaborative team.

However, the "Acts" of your superintendent is the product of two amazing executive assistants (Susan Cassell and Rhonda Roncone); the Network staff that follows through with assignments and leans into vision; a presbytery that finances their leader and gives of their support, resources, and time to support vision; a budget provided by ministers who generously tithe; colleagues who work hard to carry vision downstream; cooperative churches; and even deacons I have never met who approve budgets that enable their pastors, departments, and staff to support this wonderful Network. Not to mention previous Superintendents who have generously replied to my request for advice and feedback.

It is for these reasons I have compiled a more exhaustive document (18 pages) entitled, the "Superintendent's We Report." The latest and most updated version with a table of contents, can be viewed online at www.agspe.org/wereport.pdf.

6 THINGS FROM THE SUPERINTENDENT (continued)

2 WHAT CORONAVIRUS HAS TAUGHT US ABOUT OUR SPIRITUAL SELVES

Most Americans have learned to adapt in the wake of social distancing and the Coronavirus. But all the adaptation in the world can't silence the voice of our true nature. In only a few weeks both the extrovert and introvert know it to be true. The atheist and the faithful both long for our return to social normalcy. But what has the Coronavirus taught us about our spiritual selves? A few things come to mind.



Community is part of our divine design.

Community has been a part of creation since the beginning. In the creation account God used plural pronouns in Genesis 1:16 to refer to Himself saying, "Let US make mankind in OUR image, in OUR likeness." Then after creating Adam, God said, "It is not good for man to be alone." (Genesis 2:18) The need for relationships is repeatedly reinforced in the New Testament, as well. Even the spiritual giant Paul recognized his own need for community

reinforced in the New Testament, as well. Even the spiritual giant Paul recognized his own need for community when he wrote, "I long to see you so that I may impart to you some spiritual gift to make you strong—that is, that you and I may be mutually encouraged by each other's faith." (Romans 1:11-12) We are spiritual beings and created by God to exist in community.

We are incomplete when we exist in isolation. That "missing something" we all feel is evidence of our incompleteness when deprived of others. If we were made for relationships, then we are most incongruent, inconsistent and unnatural when we exist in isolation. When we deprive ourselves of relationships, we can't function as the people God created us to be. I think that's what God meant when he said, "It is not good for man to be alone." (Genesis 2:18) Paul taught that being part of Christ is inseparable from being a member of the community of faith. Paul said, "Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ." (1 Corinthians 12:12) By this we know that relationships are the channel God uses to grow and mature us into the people He wants us to be.

We heal best in the context of relationships. Your soul is refreshed when you serve, partner and build relationships with others. Family therapist and former pastor, Jim Hawkins, contends that close, authentic relationships are both preventive medicine and a restorative antidote for a host of emotional wounds and mental illness, including depression and addiction. Hawkins says, "Our minds and emotions are healthiest when we maintain strong attachments to people with whom we can be open, honest and vulnerable." Paul spoke of this when he said, "I was glad when Stephanas, Fortunatus and Achaicus arrived ... for they refreshed my spirit and yours also." (1 Corinthians 16:17,18) The Proverb also affirms the value of relationships saying, "As iron sharpens iron, so one person sharpens another." (Proverbs 27:17) We are our best selves when we're in community. We are our worst selves when we live in isolation.

Pre-Coronavirus introverts saw others as a necessary evil. Extroverts wondered if it was just them that needed community. Now both know more profoundly its an "us thing." Why has it taken the Coronavirus to teach us these things? Because being deprived of something always gives us a greater appreciation for its value.

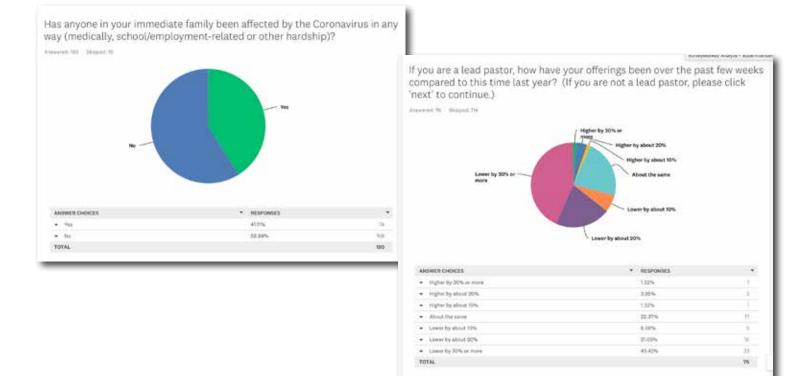
3 RMMN MINISTERS CHECK-IN



While ministering in the shadow of "social distancing" it's important to Rhonda and I that no one fall through the cracks. We would feel so much better if you could give me a quick update. That is why Rhonda and I are doing a Network-wide "check in" every few weeks. If you have not already, would you help us by taking just a couple minutes to check in at this link?

https://www.surveymonkey.com/r/RMMNCheckIn

The following graphs reflect the results from a few questions from the survey as of April 6, 2020.



6 THINGS FROM THE SUPERINTENDENT (continued)

4

INTERVENE PRAYER-CAST - April 6, 2020



We were represented in prayer by a leader from each of our 13 Sections plus several Ethnic fellowship leaders.



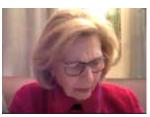
Gene Roncone Superintendent



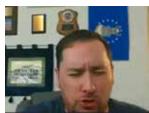
Mikayla Steiger West Central Section



Joe Berry Northeast Section



Janie Wead-Mobley Hispanic



John Bryant Northern Section



Matthew Collver North Metro Section



George Acheampong Ghanaian



Kelly Hudnall Pikes Peak Section



Kenny Bryan Southeast Section



Caleb McNaughton South Metro Section



Lee Williams Samoan



Cindy Dudley Utah South Section



Steve Chavez Southern Section



Nathanael Ward San Juan Section



Abraham Kung Burmese



Sara Jane Cook Northwest Section



Dan Matney Mountain Section



Irene Kemen Marshallese

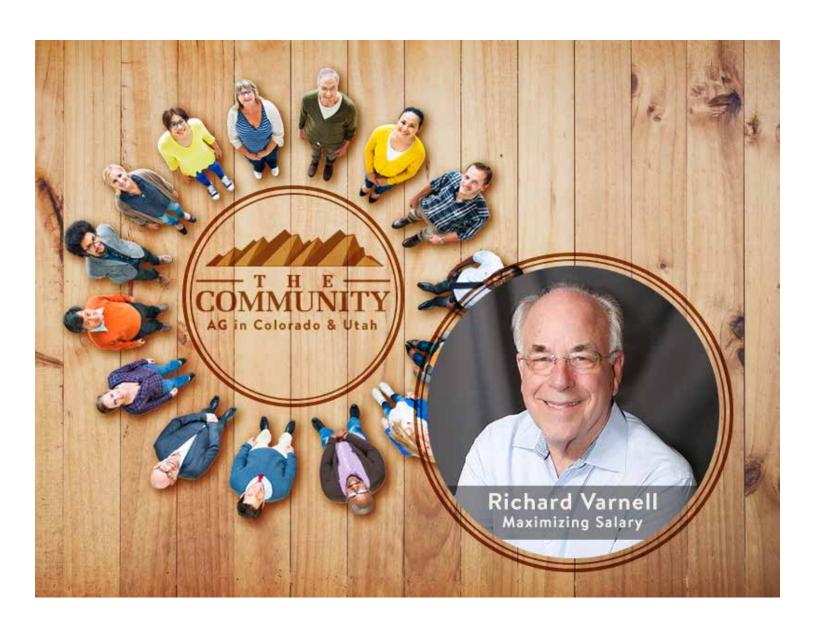


Cathi Smith Utah North Section

5 MAXIMIZING YOUR SALARY PACKAGE

Ministers are entitled to unique opportunities to maximize the value of their salary and benefits package provided by the church. Most pastors are not aware of these opportunities, but a skilled financial planner, like Richard Varnell, can help you and your church structure your compensation package in a way that increases the value of the package without increasing the cost to the church. In this episode, Richard will teach you five ways to maximize your salary package.

To listen to this and other ministry enrichment podcasts, visit our Sound Cloud at: https://generoncone.org/community



6 THINGS FROM THE SUPERINTENDENT (continued)

6 CORONAVIRUS RESOURCE INITIATIVES

In addition to departmental resources provided by the Church Ministries Department, the Superintendent's office launched several initiatives to resource our churches and ministers concerning the Coronavirus. The significant ones include the following.

Resource Webpage. We created and updated a special webpage with a plethora of helpful resources, podcasts, educational material, government information and ideas for local churches to respond to the Coronavirus. The page can be viewed at www.generoncone.org/corona.



- **Weekly Leadership Huddles.** A weekly Zoom meeting called "The Superintendent's Leadership Huddle" was created. This helped to give our ministers and their wives a weekly connection point with us and each other and access to authoritative guests who addressed relevant issues relating to the Coronavirus. These consisted of the following huddles.
 - Eight Take-Aways from Digital Week 1
 - Brainstorming Outreach by Church Size Break-Out Rooms
 - CPA Explanation of Government CARES Act
 - 4 Phases of Post-Corona Ministry by Ed Stetzer
- **B. Podcasts.** Several podcasts to address relevant issues, share testimonies, re-broadcast government briefings and address our constituency. These consisted of:
 - Rebroadcasting of Governor's call to faith leaders
 - Briefing from General Superintendent Doug Clay
 - Praise reports from churches
 - Coaching on how to lead in crisis
 - Coaching on how to lead a team from home
 - Several on Easter ideas in the midst of "stay at home orders"
 - Interview with health care executive about outreach opportunities
 - Interview with Mike Coffman about how churches can support cities
- Minister's Check-in. We created an ongoing link to a short survey where our ministers could check in every two weeks, give us personal feedback and help us stay connected and better care for them and their families during the crisis. In addition, Rhonda Roncone sent a personal email to every minister and spouse in our database (nearly 1,000 individuals) checking in and asking them how they were faring under the crisis.
- **Solution** New Believer Resources. In response to the requests to share our new believer resource with other Networks, we revised our Beginning the Journey resource to be more generic and shared the access privileges with other Networks.
- **6. Special Demographic Care.** Superintendent Roncone also reached out personally to smaller demographic groups in the crisis. This included a personal phone call to every minister over the age of 75 and a Zoom call to all missionaries.

- **T. Free Online Kid's Church Services.** RMMN hired nationally known KIDOLOGIST, Karl Bastian to provide an online kid's church for our RMMN churches that are canceling services during this Coronavirus crisis. Karl has created a children's church video for kids and parents to watch at home. The service video features a positive and upbeat teaching, object lesson, Toybox Tales Bible story and worship by Jeff McCullough and Yancy, both donating their music for this service. You can find the link to the video download or YouTube link to fit the specific needs of your context. Just go to www.kidology.org/kidschurchonline.
- **Emergency Sunday Service.** Knowing our ministers, especially in smaller churches, may become sick, unavailable or in need of a last-minute back-up plan for providing a Sunday video service, the Superintendent's office created a "plan B" option for churches under 100. This consists of a Zoom room that accommodates 100 participants in a live service that involves worship, a short sermon and group discussion questions. To find out more about it click here: www.agspe.org/MWWM Description.pdf
- Special Study Group. The government's "Small Business Administration (SBA) for the Paycheck Protection Program (PPP)" made available through the CARES Act offers assistance to faith-based non-profits adversely affected by Covid19. The Act offers loans with the promise of forgiveness for organizations that can estimate losses and maintain employment numbers through the crisis. Superintendent Roncone appointed an "Emergency Assistance Study Group." This study group spent one week scrutinizing the President's CARES Act and made an informed recommendation to the Superintendent first and then the Network Presbytery as to whether the Network office, Camp Cedaredge and/or our District Affiliated churches should be approved by the Presbytery to apply for assistance under the CARES Act.
- Intervene: Network Wide Prayer-Cast. Superintendent Roncone called the entire Network to prayer on April 6, 2020 through a prayer initiative called, "Intervene." The "Intervene Prayer-Cast" initiative began with a Network-wide (Colorado & Utah) prayer meeting in a large internet webinar room and then individual prayer meetings in the local church. The initial Prayer-Cast took place in an internet webinar room with the capacity for 1,000 Assemblies of God people from every corner of Colorado and Utah. After giving the call to prayer, special representatives from each section and language group led out in prayer for God's intervention in their own region, state or nation. Then in a time of quiet reflection, participants were asked to pray out loud in their own context regarding different subjects while worship was lightly played. Participants were also able to use the chat feature to type in personal prayer requests and prayers, as well. Superintendent Roncone concluded the prayer event asking each of our Assemblies of God churches to hold their own all-church prayer-cast in the next two weeks.
- Support for the Sick. Several of our ministers or family members were personally affected by the virus or prolonged sickness. For those that were, the Network provided a \$100 gift certificate that allowed them to order food into their home through a food delivery system.
- Individual Church and Minister Support. In addition to the above, we were honored to respond to hundreds of phone calls, emails, texts and social media messages from our churches and ministers requesting customized support or information.

We are so proud of how so many of our ministers and churches responded to the crisis. They continue to serve their communities, adapt to an ever-changing environment and provide ministry to their churches. RMMN, you rock!

AT NETWORK COUNCIL APRIL 29, 2020

50 Year's of Ordained Service



Ray Wead graduated from Central Bible College in 1968. Ray and Beverly became youth pastors under the leadership of his father-in-law, Richard Emerson, in Commerce City, Colorado. Ray was ordained into the ministry with the Rocky Mountain District in 1970. They also pastored in Sturgis and Pierre, South Dakota. In 1979 they accepted the pastorate of Canyon Road Assembly in Ogden, Utah. They spent the next 32 years at Canyon Road, as lead pastor and raising their family. He served as Utah Presbyter from 1987-1992. Ray and Bev have 5 children and 15 grandchildren. Two of their children are ministers in the Rocky Mountain Network; Dane, lead pastor in Logan, Utah and Johanna, Children's/Connect Pastor at Northview Church. They presently have 2 grandchildren studying for the ministry. Since leaving Canyon Road Assembly, Ray has served as Hospice Chaplin, Interim pastor, Children's Ministries and Senior Adults.



Rev. John Utz (Carol) John Utz began his ministry as a senior pastor in Millican, Colorado in the early 70's. He later ministered in Security, Colorado and then moved to Indiana to be an Associate pastor. While in Indiana he led a couple churches and enjoyed his time there. He then felt called back to the Rocky Mountain Ministry Network and ministered in Tooele, Utah at First Assembly of God. After leaving Tooele, John and Carol went to Roy, Utah and pastored Calvary Christian Church for the next 25 years where he retired in 2013. John and Carol have been married for 59 years and have three children, seven grandchildren and four great grandchildren. He has loved his time in ministry and enjoyed the realtionships he has made over the years.

Recognized Certified & Licensed Ministers

Certified Ministers

Yolanda Brown, Colorado Springs, CO Natasha Hansen, Salt Lake City, UT Ian Junkermann, Fort Collins, CO Kari Stewart, Fort Collins, CO Lori Tapparo, Strasburg, CO

Licensed Ministers

Margaret Austin, Colorado Springs, CO Bradley Buck, Grand Junction, CO Susan Cassell, Monument, CO Sara Jane Cook, Fruita, CO Andrew Davenport, Colorado Springs, CO Lea DeGrassa, Denver, CO Robert DeGrassa, Denver, CO

Licensed Ministers (continued)

Tommy Dunn, Colorado Springs, CO
Garin Forsberg, Springfield, MO
Deborha Haywood, Denver, CO
Scott James, Colorado Springs, CO
Shaun Riley, Denver, CO
Bertram Rogers, Denver, CO
Eloise Rogers, Denver, CO
Suzan Scott, Springfield, MO
Michael Trei, Peru
Sonja Trei, Peru
Beverly Wead, Smithfield, UT
Konnie Wilkerson, Denver, CO
Tierney Williamson, Colorado Springs, CO
Shellie Wooten, Salt Lake City, UT

VALUED Empowered CALLED

Network Council Elections/Ratifications

Assistant Superintendent - Alex Lucero

East Slope Executive Presbyter -Steve Chavez

West Slope Executive Presbyter - losh Cook

General Presbytery Representative -Ordained Female - Melanie Aragon Ordained Under 40 - Nate Banke Presbytery Ratifications:

Denver Metro South - Jim Brummett

Mountain - Joe Archuleta

San Juan - Stan Formby

Southern - Josh Richardson

West Central - Jason Neely



Randy Popineau Secretary/Treasurer randy@rmdc.org

Brethouwer Scholarship Available

The office of Secretary/Treasurer will be accepting applications for the Brethouwer Scholarship through June 30, 2020. We will be awarding two and possibly a third scholarship of \$1,000 each. The application for the Brethouwer Scholarship can be accessed by <u>clicking here</u>. This is a writable pdf.



Please complete the application and email (randw@rmdc.org) a signed copy and also include a transcript. Recipients will be announced following the July Presbytery meeting.

Also, the we no longer provide the RMMN Christian Higher Education Scholarship.





DSOM Offers "Catch up" Courses for 2 Months!

Our District School of Ministry (DSOM) has a unique opportunity for you! Due to COVID-19 we are offering a chance to quickly take a course you may be missing. Course Requirements: Read the required textbook, take the text overview and the course exam. No in class time would be required (May and June only). Please contact Melanie Aragon at maragon@rmdc.org and she will enroll you in the class. Each class will cost \$75. This offer is valid for May and June; all course work must be completed by July 1, 2020.

If you aren't sure if you are missing a course, contact Melanie and she can help you with knowing what you need to complete a track.



Brad Williamson Missions missions@rmdc.org



A hearty hello to all from our missions team here at the Rocky Mountain Ministry Network. What a time we have experienced through all that has transpired in this Covid-19 pandemic. We know that many churches, pastors and congregants have felt the heavy weight of all the change that has been necessary for us to slow the spread of this virus. One thing that remains the same is the need to continue to see the Gospel spread, and unlike the mandates we have faced to contain the spread of this sickness, you cannot contain the

Gospel. Even while we have a worldwide effort of nations enforcing strict interaction procedures the work of the ministry continues to flourish and press forward to transform thousands more. Can I encourage you to take this time to focus strongly on our missionaries? This is a time where we need to be on our knees before God like never before, and that includes a heavy need to prayerfully lift up our missionaries who are all experiencing the difficulty brought about by this virus. I would like to ask you to:

Pray:

- 1. For our Missionary's health and protection for their families in this time
- 2. For miraculous provision in their ministries to continue the work of the Kingdom
- 3. For unique opportunities to witness their faith and purpose through this pandemic
- 4. For mental strength and comfort through the uncertainty that many of them are facing.

Consider:

- 1. Reaching out to some of your missionaries through text, email, or phone call
- 2. Hosting a missionary through technology like zoom, video, or even audio in your services
- 3. Send care packages to encourage both their families and ministry
- 4. Use creative ways to encourage funding for missions through social media, personal chats, etc.

You are all powerful supporters and influencers that can champion the work of the ministry that compels us to spread the message throughout the world. Thank you for your faithfulness and commitment to our wonderful front-line force of missions. May the Lord richly bless you in all your endeavors.

Itinerating Missionaries

Bob & Shirleen Cillo Compacare Ministries - Foster Care robertjcillo@gmail.com

Jim & Ester Mazurek Chile jim.mazurek@agmd.org

Jay & Debbie Risner KidLink International jaydrisner@gmail.com

Cody & Amy Van Pelt Dominican Republic cody.m.vanpelt@gmail.com

David & Jeanie Wallace Eurasia Candidate Coaching dwallace@eurasiaregion.com

Remember: Several sensitive country missionaries are usually home on furlough, too! Contact the Network Office for more information - 719-522-0195.

The **CHURCH MINISTRIES TEAM** is still working for you!



The Table Podcast — The Table Podcasts provides resources, training, and networking to the local church. The most recent episodes include "How to Lead a Volunteer Meeting" and "6 Top Trends in Kids Ministry that Impact the Local Church as a Whole". Check out other episodes at www.rmdc.org/thetablepodcast.



Shawn Reine Church Ministries Director shawn@rmdc.org



Linda Bottoms
Assistant Church
Ministries Director
Ibottoms@rmdc.org



PDF Resources – We have done the research for you! Online Giving, Schooling at Home, and Church Security are three of our newest resources for you. Go to www.rmdc.org for a list

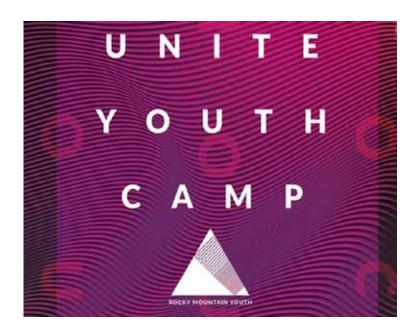
of every PDF Resource. Upcoming topics are Worship, Sound and Media and Men's Ministries.



Online Trainings by Zoom - Every month the Church Ministries Department hosts a Zoom Online Meeting. These training are scheduled in the evenings at 6:30pm to accommodate all of our bi-vocational pastors and volunteer leaders in the local church. The upcoming trainings include "Church Security" with author, Kris Maloney. Kris P. Maloney is a Church Security trainer and consultant and wrote "Defending the Flock: A Security Guide for Church Safety Directors." This training will be August 18th at 6:30 pm.

CAMPS





Tentative dates are online. Keep checking back on our website for information on Youth Camps and Kids Camps.

www.rmdc.org/youth-ministry/www.rmdc.org/kids-ministry/







Jack Marshall
Royal Rangers
jack.marshall@live.com
www.rmdrr.org

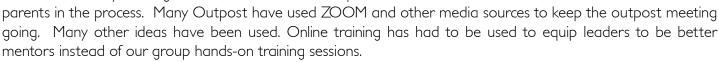
OUT OF THE BOX THINKING

As we have been faced with this unique challenge, the spread of COVID-19, many of the ways we used to do things have changed almost overnight. There have been a lot of "out of the box" thinking. A lot of different ways to do things

that we have taken for granted.

Churches have come up with an assortment of ways to hold their services and to do service. Many sacred cows have fallen to the wayside, not by choice but necessity. This has affected all aspects of the church. Even Royal Rangers.

Royal Ranger Outposts have not been able to meet in their weekly meetings. The way we were able to reach out and mentor boys has been greatly challenged. We have had to come up with some innovative methods to continue the mission of evangelizing, equipping and empowering boys and young men to become lifelong servant leaders. **The Remote Rangers program** has been developed by the National Royal Rangers National Office to help leaders and



As we have seen in the past, challenges and adversity seem to lead us to bigger and better things. We seem to realize that some of the things we thought were so important to accomplish the mission, were not. Somethings we thought would be a waste of time have moved to the forefront, like a simple phone call. Perhaps some of these innovative methods will be incorporated into our 'normal 'methods and procedures. And this is a good thing.

However, every Royal Ranger leader still has the passion to mentor boys to manhood. As King David told Solomon. "Be strong and prove yourself a man" 1 K 2:2 NKJV. We have the desire to tell them how, show them how and empower them to become strong and prove themselves to be a man as set forth in the Word of God. The methods will change and be different from church to church, but the mission has not. Uniforms, merit and advancement badges, activities and camps are not the mission, merely tools. They are not essential. Leading boys to a personal relationship with God and proving themselves a man of God is of the most importance.

Perhaps it is time to re-evaluate how your men are helping boys on the journey to manhood. Perhaps it is time to re-evaluate Royal Rangers and how it can help you with the mission that you have to mentor the next generation. We are here to help.

SO BE STRONG, ACT LIKE A MAN

1 Kings 2:2

MINISTRY ENRICHMENT RESOURCES



From Bonnie Chavez with Praise Assembly, Pueblo, CO Connecting with Church Staff

Since this Covid19 Virus, I have had a bible study with our pastors wives. We read the book of James, a chapter a day, and then shared whatever verse we felt God was speaking to each of us. It was a beautiful thing to hear their hearts.

Then Steve and I thought we would

bless our pastors families with dinner, so we ordered pizza to be delivered to their houses at 6 pm one Sunday. I made homemade

cookie dough and gave it to them with instructions to bake. We called it a pizza and a movie night. We all shared what movie we were watching and then shared our pictures with each other. So fun! We could not be together so we found a way to be connected still.

Steve and I are going to go to each pastor's house and pray over their driveways and doorposts, and ask God to protect their families from this virus and keep their marriages strong.

Check out this great article on the <u>Pueblo Chieftain</u> about their Women's Ministry group.

From Steve Chavez with Praise Assembly, Pueblo, CO

6 Ways To Stay Healthy During The COVID-19 Crisis - posted originally by Joseph Lalonde.

Leaders do need to stay healthy. They need to make sure they're looking after their physical and mental needs. Today, I want to share 6 ways leaders can stay healthy during a crisis.

1. Get enough sleep:

Sleep can be elusive during a crisis. Your mind is racing on the best ways to take care of your people... of your family. The thoughts of what could happen run through your mind and prevent you from getting the right amount of sleep. You can't allow a crisis to rob you of your sleep. Sleep is a critical part of your mental and physical health. The Sleep Foundation recommends adults between the ages of 26-64 get 7-9 hours of sleep each night. Sleep helps your body recover and recharge from the strain of navigating a crisis. Don't ignore your sleep when a crisis hits.

2. Keep digesting good, positive content:

It's easy to forgo the good, positive content you've been consuming when a crisis hits. You don't need that positivity junk when you're dealing with a crisis. You need the cold, hard facts. What if I told you that you're wrong? You don't need only the cold, hard facts. You need the cold, hard facts along with a good, healthy dose of positive content. The positive content you consume will help you keep a positive outlook on the situation. You may find yourself sifting through content that inspires you to lead your organization in a new direction during the crisis. Or the positive content you read may help you keep your head above the water. Remember, as a Native American proverb says: The dog (positive or negative) you feed is the dog that will win. This means if you continue to feed the negative thoughts in your mind, the negative thoughts will win. Feed the positive thoughts in your mind, they will win. Make sure you're feeding the right dog!

3. Meet with your close friends (virtually):

This one has been hard for me. I am an extrovert times 10, according to my wife. She says I need people. I say she's right. What do you do during a crisis? One where you're told to stay home and not have any physical content with your friends, coworkers, and family that lives outside of your house? I've found meeting with my people online has been a great help. Our church has used Zoom Meetings to keep us in touch. We've run multiple meetings this way and it has helped us stay connected. You can also use Zoom Meetings to connect with

your close friends. You will be able to see their smiling faces while you're hearing their voice. It's not the same as meeting in person but it does raise the spirits. Find ways to meet with your close friends and encourage one another.

4. Keep exercising:

Another area of your life you may neglect during a crisis is your physical health. Neglecting your health is a big no-no. If you're letting your health lag because of a crisis, you're allowing your ability to lead through the crisis to weaken. A physically healthy leader is a leader who can get through the toughest times. If your state allows, go outside for a run. Lok and I have continued our regular runs. It helps to clear my mind and to keep my body in shape. Find an activity you can do that will help you stay physically fit.

5. Talk to a counselor:

Leading through a crisis can be mentally draining. You may feel like you're at your wit's end. You don't know what to do next or you feel tired and worn out mentally. What do you do when you're mentally drained? You go talk to a counselor. There are many ways you can talk to a counselor. You can call a local counselor and make an appointment to talk to them over the phone. There are Skype and Zoom sessions you can have with a counselor. You may even be able to share your thoughts and struggles with a counselor via email. If you're struggling mentally, be willing to go talk to a counselor. There's no shame in needing to talk to someone who can walk you through the mental gymnastics of a crisis.

6. Keep a healthy, balanced diet:

Want to know what I did when the stay-at-home order hit Michigan? I began to binge eat. If there was junk food in the house, I went for it. The salty, sugary snacks tasted so good. They feed my bad cravings. Binge eating also made me feel bad. My runs and times of exercise felt sluggish. I felt horrible afterward. Why? Because I wasn't fueling my body with the right fuel. I choose tasty and easy over good and healthy. You need to make sure you're eating a healthy, balanced diet during crises. A healthy, balanced diet will help your body and mind process the crisis better. You won't feel sluggish. You won't feel like sleeping in until 10 AM. And you won't have a clouded mind. Make sure your diet doesn't become worse during the crisis.



Daran Lemon Chi Alpha - Utah daranlemon@gmail.com

Like every ministry, **Chi Alpha** continues it's mission in this new world. We still are working to transform the university marketplace and the world.

Virtual Ministry

While Zoom meetings and Google hangouts are the norm for everyone right now, we believe on the other end of this crisis there will be a hunger on our university campuses for authentic community. And that is exactly what our Chi Alpha fellowships provide. Could this time be fertilizing the soil

preparing our university campuses for the greatest student awakening the world has ever seen?



CMIT Update



For Utah Chi Alpha, we will soon be wrapping up our inaugural CMIT (Campus Missionary In Training) year. Our intern graduate this year, Raissa will be working on her masters at the University of Utah while continuing as a voluteer staff member with our XA Fellowship at the University of Utah. During this year God clarified her purpose. She will be preparing to return to her home country of the Democratic Republic of Congo helping orphans know the love of Jesus. This exemplifies our mission to transform the world. Through Raissa's time in Chi Alpha she went from living for herself and using her degree to be rich to how does God want to use me!

This coming year we will be receiving three interns in Utah. As we add to our staff teams and recruit others, we will continue to get closer to launching on the next campus.

Graduating High School Seniors

As crazy of a time it is, we are still looking to the future. We'd love to connect with any of your graduating seniors. Does not matter where they are going to school. We'd love to help protect the investment you've put into young people as they go away to college. Being a part of a solid Christian fellowship while in college helps students not only survive their college years, but to thrive.

Pray For:

- **1. Post-COVID-19** That we will see the greatest student awakening the world has ever seen as a result of the isolation that students have felt during this time
- **2. New interns** For their provision during this economic downturn and their hearts to be full of faith for however this fall looks like for university ministry
- **3. Incoming Freshman Class** That God ordains the students that connect with XA. These are our future leaders, interns and missionaries to the world.



Thank you RMMN for your continued support and prayers during a very distressing time for all. You and your church is in our prayers as we navigate this unprecedented time.

Well camp is a little different right now...

Folks are cancelling events that were scheduled in the spring, so we are taking advantage of this time to move forward with maintenance and improvements using whatever resources we have.







Glenn Jones
Camp Cedaredge
campcedaredge@gmail.com

Check out this remodel we were able to do in our snack bar and seating area using repurposed deck lumber that came off of one of the projects we tore out.

We've also been working on building some fence down here at the new entrance. So proud of our intern guys for the job they did with this rail fence!









After praying for ways we could be a blessing to our community during this lockdown time, we had an opportunity to take my popcorn equipment and setup at Rivers Church in Delta, CO to contribute to an outreach where we gave away about \$1,500.00 worth of kettle corn to the local community. After getting the green light on our setup from our local health department, we started popping and handing off the goods through car windows. It went so well, and was so appreciated, we are planning another giveaway in Cedaredge this week!

Currently we have most of the summer events still on the schedule starting in the middle of June, and are praying that those events are able to go forward. We also pray every work day for a different section of our network, the pastors of that section, and for that presbyter. We will continue to join with you in prayer through these challenging times.

Home with the Lord



Rev. Glenn Rumley (**O**)
September 10, 1929 - June 8, 2019



Rev. William (Buddy) Bishop (O) May 10, 1936 - October 21, 2019



Rev. James Ezzell (O)
October 30, 1935 - October 22, 2019



Rev. Thurl Barrett (O)
December 13, 1922 - November 14, 2019



Rev. Nelda Reid (L)
February 13, 1931 - December 10, 2019



Rev. Charles Hefton (Q) April 20, 1941 - January 1, 2020



Rev. Nelson Bascom (**O**)
July 11, 1927 - February 16, 2020



Rev. Ronald Shaw (6)
August 11, 1940 - February 16, 2020

Ministers'-Spouses

Lorene Lord (Spouse of Rev. Melvin Lord) March 24, 1921 - June 21, 2019

Larry Ross (Spouse of Rev. Marla Ross) January 6, 1939 - November 9, 2019 Jeanie Harriz (Spouse of Rev. James Harris) April 20, 1926 - July 23, 2019

Joan Joliz (Spouse of Rev. Jesus Jose Solis) Passed away February 20, 2020